









### www.notl.org

**f** Town of Niagara-on-the-Lake

@Town\_of\_NOTL on.the.lake



GUIDE FALL & WINTER 2019 - 2020



EXCLUSIVE AFFILIATE OF

CHRISTIE'S

INTERNATIONAL REAL ESTATE





Dr. Kimberley Hill-Johnston

# YOUR SMILE IS important to us!

### **Our Services:**

- Family Dentistry
- Digital X-Rays (which have 70% less radiation than traditional x-rays)
- Comprehensive Restorative Dentistry
- Root Canal Treatment
- Cosmetic Dentistry
- Extractions
- Onlays, Crowns, Bridges, Dentures
- Whitening: Take Home Custom Trays and Zoom! In-Office Treatment
- Therapeutic Botox for treatment of TMJ and Migraines



We Offer Orthodontic Treatment!



Always Welcome

### 905-468-2128

contact@smilesniagara.com 1598 Niagara Stone Road Niagara-on-the-Lake smilesniagara.com







### WHAT'S INSIDE

About NOTL6
Adult Fitness
Art, Museums, Heritage & Culture
Children & Youth14
Community Facilities16
Weddings & Corporate Functions 26
Town Parks
Community Groups, Clubs & Associations 30
Health36
Libraries
Music & Dance
Older Adults 40
Religious Activities 42
Sports 44
Your Community Contacts

### **COMMUNITY GUIDE**

2019 / 2020 Fall & Winter

Published By: Metroland Media Group





### **GENERAL NOTICE:**

The contents of this publication are protected by copyright and may be used only for personal non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For further information contact the publisher. Copyright in letters and other materials submitted to the publisher and accepted for publication remains with the author, but the publisher and its licensees may freely reproduce them in print, electronic or other forms.

The Niagara-on-the-Lake Community Guide is published semi-annually. The next issue, Spring & Summer 2020, will be distributed March, 2020. If your group or organization is interested in submitting information for the upcoming guide, please contact the Town's Community Engagement Coordinator at 905-468-3266.

### A MESSAGE FROM THE LORD MAYOR



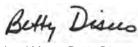
On behalf of Town Council and staff, I am pleased to present the Fall & Winter 2019/2020 edition of the Community Guide.

We are extremely proud of the success of these guides and are grateful to you, our readers, for using this booklet as a way to stay informed about the many opportunities offered within our town.

Our Community Centre provides a number of activities for all ages, and registration is available online for many of our youth and family recreational programs. Please visit the Town's website at www.notl.org for more information and to access the registration system.

Whether you have an interest in sports, leisure, arts and culture, or our rich heritage, this guide highlights the many programs and activities available for people of all ages. You will also find helpful contact information for local organizations, services, religious groups, etc. For details on upcoming meetings and events taking place within the town, please visit the event calendar on the Town's website at www.notl.org.

On behalf of Town Council and staff, I hope you have a great spring and summer! Yours sincerely,



Lord Mayor Betty Disero

### **TOWN COUNCIL 2018-2022**

Betty Disero, Lord Mayor



### **COUNCILLORS**

Norm Arsenault, Allan Bisback, Gary Burroughs, Clare Cameron, Wendy Cheropita, Stuart McCormack, Erwin Wiens, John Wiens

Niagara-on-the-Lake Town Council welcomes your input! For more information about your Town Council, please contact the Municipal Offices at 905-468-3266 or visit <a href="https://www.notl.org">www.notl.org</a>.

### **OVERVIEW OF NIAGARA-ON-THE-LAKE**

Niagara-on-the-Lake is a beautiful historic town, home to approximately 17,500 people. Located at the tip of the Niagara Peninsula and nestled along the shores of Lake Ontario, Niagara-on-the-Lake includes Old Town, Virgil, St. Davids, Queenston and Glendale.

Niagara-on-the-Lake was founded in 1792 as the first capital of Upper Canada and was rebuilt after the War of 1812.

The Corporation of the Town of Niagara-on-the-Lake employs approximately 130 people.

The Town of Niagara-on-the-Lake is a popular tourist destination and is home to premier wineries, restaurants, and visitor accommodations; quaint shops and art galleries; noted historical architectural sites; the world-renowned Shaw Festival Theatre, and much more.

# ABOUT NIAGARA-ON-THE-LAKE

### **OVERVIEW OF NIAGARA-ON-THE-LAKE**

Niagara-on-the-Lake is a beautiful historic town, home to approximately 17,500 people. Located at the tip of the Niagara Peninsula and nestled along the shores of Lake Ontario, Niagara-on-the-Lake includes Old Town, Virgil, St. Davids, Queenston and Glendale.

Niagara-on-the-Lake was founded in 1792 as the first capital of Upper Canada and was rebuilt after the War of 1812.

The Corporation of the Town of Niagara-on-the-Lake employs approximately 130 people.

The Town of Niagara-on-the-Lake is a popular tourist destination and is home to premier wineries, restaurants, and visitor accommodations; quaint shops and art galleries; noted historical architectural sites; the world-renowned Shaw Festival Theatre, and much more.

### **CANINE CONTROL**

To issue a complaint or report a missing/found dog, please contact the Town's Canine Control Officer Ken Reid at 905-658-8712.

### JOIN THE CONVERSATION



Niagara-on-the-Lake has an online engagement platform called "Join the Conversation". Join the Conversation is an online space that allows registered

users to follow along and contribute their ideas and opinions on community matters that are important to them. Registered users can access readily available, pertinent information regarding many of the Town's major projects and initiatives and, most importantly, have their say by sharing stories, utilizing mapping tools, participating in polls, forums, surveys etc. Staff will be listening to what users have to say and taking opinions, suggestions and feedback into account when making decisions that affect the community. To Join the Conversation, visit www.jointheconversationnotl.org.

### **LIVESTREAM**



Livestream

To watch the live broadcast of Committee of the Whole and Council meetings, and to view archives of previous meetings, as well as other recorded Committees of Council; visit www.notl.org.

### **NIAGARA-ON-THE-LAKE ENHANCEMENT FUND**

A fund has been established to provide additional funds for extra recreation projects. Donations can be made to this fund, and tax deductible receipts will be issued. For more information, please call 905-468-3266 or visit www.notl.org.

### **NIAGARA-ON-THE-LAKE TRANSIT**



Niagara-on-the-Lake Transit offers scheduled bus service between the historic Old Town and Niagara College Glendale daily between 7:45 a.m. and 6:45 p.m. (excluding Sundays and statutory holidays). Connecting services to St. Catharines, Niagara Falls

and Welland are available at The Outlet Collection at Niagara via Niagara Region Transit (Route 50/55) and at Niagara College's NOTL Campus via the Niagara College Student Administrative Council (SAC) shuttle.

All transit vehicles are wheelchair accessible in accordance with requirements of the Accessibility for Ontarians with Disabilities Act (AODA).

For further details about NOTL Transit, please visit www.notl.org or call 905-468-3266. For information about Niagara College SAC transit schedules and the student U-Pass, visit www.ncsac. ca. For Niagara Region Transit, visit www.niagararegion.ca/transit or call 905-685-1571 ext. 3550.

### **NIAGARA-ON-THE-LAKE TREE FUND**



Tree Fund

The Niagara-on-the-Lake Tree Fund has been established to assist with the greening of our community. This fund, administered by the Town, provides an opportunity for individuals to donate towards the planting of trees. Please see

the Town's website at <u>www.notl.org</u> for details or call 905-468-3266.

### **ONLINE SERVICE REQUESTS**



available on the Town's website at <a href="www.notl.org">www.notl.org</a>. This online service allows the public to submit a request, inquiry or complaint through the Town's

website and receive a confirmation email with a tracking number, which can be used when calling in or emailing to request an update.

Online service request and complaint forms are



# **ADULT FITNESS**

### **ACTIFITY - LADIES' FITNESS CLASS**

Contact: Paula L. Paul | 905-262-5592 | plpaulnotl@gmail.com

**Time:** Tuesday & Thursday 9:00 – 10:00 a.m. **Location:** Auditorium, NOTL Community Centre

**Cost:** \$96

A well established program in NOTL for women who stay active through low impact aerobics, core and strength training while improving balance and heart health. Paula is a certified aerobics instructor who enjoys music and looks forward to a year of fitness and fun! All welcome. The eight week fall session commences on Tuesday September 10th.

### **AUTUMN LEAF TAIJI**

Contact: Molly Yimlei YEP | 905-262-0366 | yly.notl@outlook.com

**Time 1:** TaijiFit Flow - Monday 9:30 - 10:30 a.m. **Time 2:** Taiji Cane Form - Thursday 10:00 - 11:00 a.m. **Location:** Auditorium, NOTL Community Centre

Cost: \$7 drop-in

**Monday:** TaijiFit Flow - all levels: Learn Taiji without memorizing set routines. Just go with the Flow and benefit immediately by mirroring the instructor who varies the whole body movements of authentic Taiji and Oigong to music.

**Thursday:** Taiji Cane Form - intermediate level: Learn the popular Beijing 24-Form set routine while using the cane as a weapon for health. Add to your skill by challenging your memory and balance with the innovative Taiji Cane Form.

Ms Yep is a Licensed TaijiFit® Instructor and Certified Personal Trainer. Taiji has been proven to prevent falls and increase internal healing Qi (chi) for health.

### **BEATS BY BEATA**

Contact: Beata O'Connell | 905-484-1027 | artveritas@hotmail.com

**Time:** Saturday 10:00 – 11:00 a.m. **Location:** NOTL Community Centre

Cost: \$10/class

"Beats By Beata" is one hour dance and fitness class based on exiting rhythms such as salsa, merengue, cumbia, cha-cha, flamenco, Bollywood, Tango, hip-hop and contemporary-modern. Class reduces health risks, keeps excess pounds at bay, strengthens your heart, boosts your mood, greatly improves flexibility and shape of the body. It is truly for everyone as Beats By Beata has no age or cultural borders. Let's dance!

### LAUGH YOURSELF HEALTHIER - SEATED FITNESS PROGRAM

Contact: Carolyn Shannon | 905-371-3818 |

<u>laughyourselfhealthier@gmail.com</u> | <u>www.laughyourselfhealthier.com</u> **Time:** Fridays 2:00 p.m. (August 9, 2019 – December 27, 2019 – no class August 23)

**Location:** Auditorium, NOTL Community Centre **Cost:** \$10.00/session or \$20.00/5 sessions

Get your heart and lungs energized in this fun seated session! It's good for your brain too! It's been scientifically proven that the brain can't tell the difference between fake and real laughter so it is okay to fake it until it becomes real. Based on laughter yoga, this class involves laughing, cheering, improvisational childlike exercises and clapping to get your heart pumping and extra oxygen going to your brain. Recapture the joy of spontaneous laughter and get an ab workout in the process. Spend some time in the present being spontaneously happy again! All you need for this class is a bottle of water, and a willingness to laugh for no reason! Wheelchairs & walkers welcome!



# Do You Know a Potential Wish Child?

### **CRITERIA for WISHES**

- 1. The child must be under the age of 19 and reside in the Regional Municipality of Niagara.
- 2. A Qualified medical practitioner must confirm that the child suffers from a potentially life-threatening illness.
- 3. The child must not have been granted a Wish from another Wish-granting organization.

The true impact of a wish cannot be measured in dollars and cents and your efforts will touch the hearts of many!

(All information held in strictest confidence)

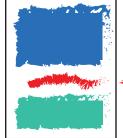
### **Tender Wishes Foundation**

P.O. 824, Niagara Falls, ON L2E 6V6

Telephone: 905-371-0300 email: tenderwishes@cogeco.ca www.tenderwishes.org

New Volunteers Always Welcome!

Wishes can come true through you!



Niagara Pumphouse



**ART GALLERY and STUDIO** 

**NEW EXHIBITIONS MONTHLY** 

ART CLASSES FOR ADULTS & CHILDREN

**SPECIAL EVENTS** 

NO ADMISSION CHARGE VOLUNTEER OPPORTUNITIES

niagarapumphouse.ca

247 Ricardo Street, NOTL 905 468 5455

# **ADULT FITNESS**

# LIVE BREATHE PILATES

**Contact:** Judi Megarity 905-324-9598



<u>info@livebreathepilates.ca</u> <u>www.livebreathepilates.ca</u>

**Time:** Tuesday, Thursday & Saturday

9:30 a.m.

**Cost:** Please visit website or call for dropin class rates as well as flexipasses and monthly unlimited options.

**Location:** Simpson Room, NOTL

**Community Centre** 

Live Breathe Pilates offers Mat-based Pilates classes. Pilates is a 100 year old Mind-Body movement system that works the entire body from the core out to the levers. In each class, you will move your spine in all directions, lengthen & strengthen your muscles, improve posture & promote good blood circulation. At the end of each class, you will feel invigorated & know you have abs! Whether you're a seasoned athlete, a recreational golfer, a seasonal gardener, or someone who spends a lot of time stationary or on the computer, there are numerous health benefits to starting your Pilates practice. I hope you'll join us on the Mat!

### THE NIA TECHNIQUE

**Contact:** Kaye Didi Wilson 289-228-5293

<u>dididances1111@gmail.com</u> <u>www.didid</u>ances.com

Time: Monday, 6:30 p.m. and Thursday,

10:00 a.m.

**Location:** Studio Room, NOTL

Community Centre Cost: see website

Nia, Moving to Heal, is a non-impact, holistic barefoot Fitness practice. combining dance, martial arts and healing arts. Nia tones/conditions your body while moving to catchy music in CommUNITY with like-minded people. Nia is based on the intelligent design of the body. Each workout brings mindfulness to vour dance movement experience leaving you energized, mentally clear, and emotionally balanced. No experience is required and EveryBODY is welcome regardless of your fitness level.

#### **PILATES**

Contact: Renata Steltman

905-246-4254 | renata\_pilates@live.com

**Time:** Wednesday 10:00 – 11:00 a.m.

Location: Studio Room, NOTL

Community Centre Cost: \$10.00/1 hour class

Pilates classes that incorporate integrated movement therapy and breathing techniques which will ensure you get the quality of the movement and safely execute the exercises. As a result you will strengthen your core and improve flexibility, body awareness, endurance and posture.

### REACTIVATED TRAINING SYSTEM

### Contact:

Jenny Brown B.PHED jbreactivated@gmail.

com

www.reactivated.ca

**Time:** By appointment or class registration

**Location:** Studio

Room, NOTL Community Centre **Cost:** Please visit the website.

Unique to Niagara, we provide functional assessment and customized fitness training. Private, semi private personal training to give you purpose and accomplishment. Join our 6 week small group personal training which includes a progressive training schedule and a fitness adventure. We also provide sports specific training, fire fit training and wellness training. We will find your 'missing link' in fitness.

### TAI CHI 24-FORM

**Contact:** Annabelle Slater

905-468-7204 or

Frank Tomczyk | 905-262-5001 **Time:** Monday 10:00 – 11:00 a.m.

**Location:** Mori Room, NOTL Community

Centre

This simplified style of Tai Chi, known as "24-Form," is the official form as developed by the grand masters in China. It is designed to provide healthy exercise and not martial arts. It is for the young and old, to maintain strength, flexibility, balance and memory.



### TAI CHI - WHITE WING GROUP

**Contact:** Diana Hepburn | 905-468-3836

dianawendy1934@gmail.com

**Time:** Wednesday & Friday 10:00 – 11:30 a.m.

Location: Simpson Room, NOTL

Community Centre

If you are familiar with this ancient Chinese exercise and enjoy its health benefits, you are welcome to join.

### **YOGA BY BEBI**

**Contact:** Bebi Zabeeda | 905-328-0581

bebibunny@hotmail.com

**Time:** Tuesday 9:00 – 10:00 a.m. Tuesday & Friday 10:30 – 11:30 a.m. Thursday & Saturday 9:00 – 10:00 a.m.

Cost: \$13/class

Location: Studio Room, NOTL

Community Centre

Whether you are new to yoga or long established at it, my intention is to give help and direction to inspire your efforts and advance your practice. My name is Bebi and I have been guiding yoga practitioners locally and around the world, for 20 years. Please bring your own mat.

### YOGA FROM THE INSIDE

**Contact:** Oda Lindner | 905-468-5758

odayoga@gmail.com bodymeditation.net

Time: Wednesday 5:00 – 6:30 PM

Location: Studio Room, NOTL Community

Centre

Cost: \$12 per class

This focused Yoga class centres on mindful movement, conscious breathing and improved posture and flexibility. Open to all levels.



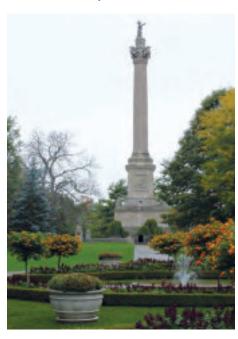
# EACH DISH IS A WORK OF CULINARY ART. EVERY MEAL IS AN EXPERIENCE.

Enjoy an authentic yet modern Japanese cuisine experience in a serene setting.



OPEN DAILY 11:30 AM - 9:30 PM | MASAKISUSHI.CA | 1.888.222.0233 60 PICTON STREET, NIAGARA-ON-THE-LAKE, ON (Located in The Moffatt Inn)

# ARTS, MUSEUMS, HERITAGE & CULTURE



### **BROCK'S MONUMENT NATIONAL** HISTORICAL SITE

**Contact:** Parks Canada | 905-262-4759 **Location:** 14184 Niagara Parkway,

Niagara-on-the-Lake

Brock's Monument is owned by Parks Canada and is located in Oueenston Heights Park, which is maintained yearround by The Niagara Parks Commission. A self-guided tour of the Battle of Queenston Heights starts at the foot of the monument and includes a climb to the top for a magnificent view towards Lake Ontario in the north and Niagara Falls in the south. The monument is open for an interpretive program seven days a week, 10:00 a.m. to 5:00 p.m., from May until Labour Day weekend.

### **CHARLES DICKENS FELLOWSHIP**

**Contact:** Paul Catling | 905-468-9692 or Robert Nunn | 905-646-6597 pcatling@vaxxine.com

**Time:** Every second Tuesday of the month from September to May, 6:30 - 8:30 p.m.

**Location:** Board Room. **NOTL Community Centre** 

Cost: \$30.00 per person (September to May) Anyone who enjoys reading, discussing and/or enacting the novels of Charles Dickens is welcome. The group reads and discusses one Dickens novel per year and celebrates Dickens with readings and enactments. They also belong to the International Dickens Fellowship, and

Dickensians from around Canada and the world visit this local group as do their members visit those outside this area. They have been an active literary group in the NOTL community since 2000.

### COMMUNITY LABYRINTH

Contact: Cathy Simpson | 950-468-2023 csimpson@notlpubliclibrarv.org www.notlpubliclibrary.org

Location: 10 Anderson Lane.

Niagara-on-the-Lake

Discover a powerful meditation tool to relax, reflect or just have fun. Take a deep breath in, exhale, reflect and relax before your journey in to the center of the 68' Labyrinth. Quiet your mind and leave everything behind. Enjoy the rest of the day and carry the experience in to your life. Located directly behind the Niagaraon-the-Lake Library garden access 24/7. No charge.



### **DAFFODIL GARDENS OF HOPE**

**Contact:** Sheila Hirsch-Kalm

905-262-0930 | glenlyon@sympatico.ca **Time:** Dependent on the weather

**Location:** Locations throughout

Niagara-on-the-Lake

Each garden has over 4,000 daffodil bulbs

~Together ~ Strong.

In the spring, plan to visit all of the gardens around our community and enjoy over 80,000 daffodil blooms. Each garden is planted as a unique tribute to those in our community who have been touched by cancer or in memory of those no longer with us. Each bloom represents one dollar donated by individuals, local organizations, businesses and visitors to ensure we have a place of beauty that remains in our community that can be



visited and enjoyed every year. Residents are encouraged to plant daffodils in their own front garden so we can all enjoy the sight of our community truly in bloom every spring. We always need help in our endeavours to develop Daffodil Gardens of Hope in our NOTL communities. Please contact us for more information about how you can participate, to suggest a site, or to give support to a Daffodil Garden.

### **LAURA SECORD HOMESTEAD**

**Contact:** www.niagaraparks.com Location: 29 Queenston Street,

Oueenston

Visit the home of Laura Secord, heroine of the War of 1812. From her home in Queenston village, Laura set out on a 32km (20 mile) walk through the American lines and over wild and unsettled country to warn the British forces of an impending attack at Beaver Dams. Today, consumed interpreters thrill you with tales of her adventure as they guide you through this lovingly restored homestead, complete with authentic furnishings of the 1812 period. This tranguil location also offers ice cream and refreshments for your enjoyment. Open May through Thanksgiving.

### **MACKENZIE PRINTERY & NEWSPAPER MUSEUM**

**Contact:** www.niagaraparks.com

**Location:** 1 Queenston Street, Queenston Canada's only operating printing museum is located in historic Queenston in the restored home and printing shop of William Lyon Mackenzie, where he published his rebel newspaper, the Colonial Advocate, in 1824. Operated by The Niagara Parks Commission, in association with the volunteer Mackenzie Printery Committee, attendants provide detailed information about the working presses and Canada's oldest press. Open May through Labour Day.

# ARTS, MUSEUMS, HERITAGE & CULTURE



### **MCFARLAND HOUSE**

**Contact:** www.niagaraparks.com **Location:** 15927 Niagara Parkway,

Niagara-on-the-Lake

Experience gracious living in 1840's style at McFarland House as costumed interpreters guide you through this beautiful Georgian home. Detailed historic restoration of interior decorations recently completed. The McFarland Tea Garden features home-baked light meals and refreshments. Guided tours are available May through Labour Day.



# NIAGARA HISTORICAL SOCIETY & MUSEUM

**Contact:** 905-468-3912 contact@nhsm.ca

www.niagarahistorical.museum.com **Location:** 443 Castlereagh Street,

Niagara-on-the-Lake

Museum open daily May – October 10:00 a.m. – 5:00 p.m. & November – April 1:00 p.m. – 5:00 p.m. (closed on select holidays – see website)

The Niagara Historical Society & Museum is dedicated to the preservation of the unique history of Niagara-on-the-Lake and engages the community and its visitors through lectures, publications, programming and exhibitions. The Museum accommodates over 40,000 artefacts and archives and contains some of the most important examples of early Canadian history in the province.

Visitors to the Museum will see "Our Story", a permanent exhibition chronicling life in Niagara-on-the-Lake over the past 10,000 years, as well as temporary displays in Memorial Hall. Until October 31, 2019 the exhibition "From Head to Toe" explores the Museum's clothing and fashion collection. From November 11, 2019 – April 25, 2020, visitors can take in an exhibition of historic quilts.

The Museum is located on Castlereagh Street in the Old Town and is open daily. The gift shop contains many local history publications and heritage gifts. Call 905-468-3912 or visit www.niagarahistorical. museum for information.

# Niagara Historical Society & Museum Dates to Remember:

### **Canadian Forces Snowbirds**

**Time:** Wednesday, September 11, 2019 | 2 – 7 pm

**Location:** Niagara District Airport **Cost:** General Admission \$10 in advance;

VIP tickets available

The Canadian Forces Snowbirds return to Niagara-on-the-Lake! Come to be spellbound by the world-famous Snowbirds as they perform amazing aerobatics. Visit www.notlsnowbirds.ca for tickets and details.

### **Theatrical Cemetery Tours**

**Time:** September 20, 21, 27 & 28 | Tours

at 6 pm, 7 pm & 8 pm

Location: St. Andrew's Church, 323

Simcoe St. **Cost:** \$12

Meet the spirits of local residents buried at St. Andrew's Church and learn about the history of Niagara-on-the-Lake. Performed by volunteers in historic costume. Tickets must be purchased in advance.

### "We'll Meet Again"

**Time:** November 11, 2019 | 7 pm

Location: Niagara Historical Museum, 43

Castlereagh Street

**Cost:** \$15

Join in the singing and share in the memories with this tribute to the First and Second World Wars. Featuring Gabrielle Jones, Peter Millard, Jenny Wright and Barbara Worthy with music by Doug Mundy and Penner Mackay.



# NIAGARA PUMPHOUSE ARTS CENTRE

**Contact:** 905-468-5455 office@niagarapumphouse.ca www.niagarapumphouse.ca **Location:** 247 Ricardo Street.

Niagara-on-the-Lake

The Niagara Pumphouse Arts Centre is a not-for-profit community-based organization that supports and advances lifelong learning opportunities in the arts through our school and galleries. Art classes for adults and children, special events, and monthly exhibitions of Ontario artists are available to members and nonmembers. Free admission to most events and exhibit opening receptions.

# PARKS CANADA – NIAGARA NATIONAL HISTORIC SITES

Contact: 905-468-6614 ont-niagara@pc.gc.ca

Parks Canada is responsible for protecting and presenting Niagara National Historic Sites and invites you to discover, explore and enjoy some of the most spectacular historic treasures in the Niagara region, including Fort George, Navy Hall, Brock's Monument, Fort Mississauga, Butler's Barracks and the Commons. For more information about programs, special events, the Fife and Drum Corps, volunteer opportunities and information in general, please visit www.pc.gc.ca.

# ARTS, MUSEUMS, HERITAGE & CULTURE

### **RIVERBRINK ART MUSEUM**

**Contact:** www.riverbrink.org **Location:** 116 Queenston Street,

Queenston

RiverBrink Art Museum is home to an important collection of art works by Canadian and international artists. Exhibitions organized from loans and the permanent collection are on display in the former country home of Samuel E. Weir. Open year round, the fine art museum is a place to be creative, to learn about art and art history, to participate in workshops, and attend lectures and talks. The museum is wheelchair accessible and free parking is available.

# ROYAL CANADIAN LEGION, BRANCH 124 (GENERAL NELLES)

**Contact:** Paul Eramian (President), Jane Morris (Office Manager) 905-468-2353 | legion124@gmail.com facebook.com/legion124

The Royal Canadian Legion's Mission is to act in service of Canada and our community, support our veterans, and promote remembrance. Our Branch provides assistance to serving and retired veterans and their families- legion

member or not. Our club room is open daily to members, guests and visitors from all over the world. Every Thursday we have a Fish Fry from 4:30-7:30pm. On Saturdays there are activities in the Clubroom.

### **Winter Hours of Operation:**

- Clubhouse: Open Tuesday Friday 2:00 9:00 p.m., Saturday 1:00 9:00 p.m., Sunday 1:00 6:00 p.m.
- Office: Open Weekdays 10:00 a.m. 2:00 p.m.

### THE SHAW GUILD

Contact: Cheryl Morris | 905-351-0127 info@shawguild.ca | www.shawguild.ca
The Shaw Guild is a large group of volunteers who support and promote the Shaw Festival. The group is involved in many activities including greeting patrons, taking tickets, leading backstage tours, beautifying the theatre gardens, running successful fundraising events, and building awareness and engagement for the Shaw. The Guild donates more than 13,000 volunteer hours each year. Please contact us if you are interested in becoming a member and participating in exclusive Shaw Guild activities.

### WILLIAM SHAKESPEARE RE-VISITED

**Contact:** Paul Catling | 905-468-9692 pcatling@vaxxine.com

**Time:** Every fourth Wednesday of the month from September to June, 2:00 – 4:00 p.m.

**Location:** Board Room, NOTL Community Centre

'All the world's a stage, And all the men and women merely players: They have their exits and their entrances; And one man in his time plays many parts, His acts being seven ages.' As You Like It, Act 11. Amateur dramatics without any stress: the group picks the parts they want, then reads the plays out-loud. All you need is a willingness to try it; they are a friendly group! The group enjoys reading two plays per season. Bring a copy of the play if you can (doesn't matter which edition). The beauty of the language, the insights into human nature, the humour, compassion, intelligence and scope of this work make it a treasure that you can return to again and again, finding something new each time.



905•468•4443

in fo @their is hharp pub. com



BEERS ON TAP LIVE MUSIC EVERY WEEKEND WHISKIES SCOTCHES







TRY OUR NEW HOUSE BEER SELECTION!



### **ROOMS ABOVE THE PUB**

Why not have a sleepover?

We have 3 queen rooms above the pub.

Stay with us on your next visit to Niagara-on-the-Lake.

# **Private Piano Lessons**

in Niagara-On-The-Lake

Kathy Beigie, B.Sc. Music Ed. 30 years teaching experience Classical, RCM Exam Prep, and Popular Music Private practice in NOTL since 2006

Accepting students of all ages
Beginner, Intermediate,
and Advanced levels
Special openings for beginners ages 8 to 12



905-468-4075
9 Christopher Street, NOTL cbeigie@cogeco.ca

Former Member of Piano Faculty at St. Michael's Choir School in Toronto for 14 years.





St. Michael's yearbook quote:
"With a truly caring manner,
Mrs. Beigie conveys a genuine
concern for each student
as a unique and developing
individual."

# **CHILDREN & YOUTH**

### **809 SQUADRON ROYAL CANADIAN AIR CADETS**

Contact: Captain J. Lemoine | 905-468-7584 jody.lemoine@cadets.gc.ca | www.809cadets.ca Time: Monday & Wednesday 6:30 – 9:00 p.m. Location: Croatian National Centre, 1416 Line 3,

Niagara-on-the-Lake

Air Cadets is a national organization whose purpose is to develop in youth the attributes of leadership, engaged and active citizenship and physical fitness, all with a safe environment. The program is jointly managed by the Canadian Forces and the Air Cadet League of Canada. Cadets have the opportunity to participate in gliding, drill, sports, public speaking, marksmanship, aeronautical subjects and weekend, as well as summer training programs.

### **EARLYON CHILD AND FAMILY CENTRE**

Contact: Donna Dalgleish | 905-357-2398

donna.dalgleish@ncdsb.com | www.niagaracatholic.ca/earlyON/

**Location:** St. Michael Catholic Elementary School

EarlyOn Child and Family Centres offer free drop-in programs for parents/caregivers and children from birth to 6 years old. You can play and learn together with your child and enjoy creative experiences, story time, music, gym and outdoor playtime.



### **NIAGARA NURSERY SCHOOL & CHILD CARE CENTRE**

Contact: Candice Penny | 905-468-4386 ext. 2 niagaranursery@gmail.com www.niagaranurseryschool.com Niagara Nursery School is a non-profit

child care centre located in the NOTL Community Centre, at 14 Anderson Lane.

### We offer:

- · Full day child care
- Half day care options
- · Before and after school programming with busing to and from Crossroads and St. Michael's Schools.

### We provide:

A safe, clean, enriched environment; Positive and nurturing relationships between children and highly qualified staff; Thoughtful emergent-play based curriculum; communication via the HiMama app; Catered nutritious snacks and lunch; Age appropriate learning resources & activities; Individual, small, and whole group instruction throughout the day that encourages social development and interaction between children; and many wonderful outdoor play spaces like our spacious playground, local library garden, our 'Fairy Forest', and the Labyrinth.

For more information on our programs please visit our website, www.niagaranurseryschool.ca or call 905-468-4386 ext. 2 to set up a tour today!



### NOTL MARCH BREAK CAMP Niagara Lake



Contact: 905-468-4386 | www.notl.org | camps@notl.com Thinking about what to do for the kids during March Break? Why not register them for the March Break Camp at the Niagara-onthe-Lake Community Centre? Kids ages 6 to 12 will enjoy a variety of fun, interactive and cooperative activities each day including theme days, group games, gym activities, crafts, skating trips and more. \$130 per week or \$35 per day with before and after care available for \$5 a day.

DATE	THEME
March 16, 2020	Beach Vacation
March 17, 2020	March Madness
March 18, 2020	Wild West
March 19, 2020	Rockstar
March 20, 2020	Canadian Ninja Warrior



Contact: 905-468-4386 | www.notl.org | camps@notl.com Our winter break camp offers something for everyone as kids ages 6 to 12 will enjoy a variety of fun, interactive and cooperative activities each day including theme days, group games, gym activities, crafts, and more. \$35 per day with before and after care available for \$5 a day.

DATE	ТНЕМЕ
December 23, 2019	Winter Wonderland
December 27, 2019	Super Hero Academy
December 30, 2019	New Years Extravaganza
January 2, 2020	Winter Olympics
January 3, 2020	Frozen Adventures

## ROYAL OAK COMMUNITY SCHOOL

**Contact:** Julia Cain Murray julescain@gmail.com www.royaloakcommunity school.ca

Royal Oak Community School Niagara-on-the-Lake's independent school option

for our local children. It is a nonprofit charitable organization that specializes in differentiated and individualize learning for students from all over the region.



**Contact:** Thomas Keppy | tdkeppy@hotmail.com

**Location:** St. Davids United Church

The St. Davids Scouting Group is set up to help youth develop for the future with meetings, events, projects, camps, fundraisers and life skills. The youth have a hand in developing the group's program for the year following the specified guidelines from Scouts Canada. Our group includes; Beavers: ages 5 - 7 meeting on Tuesdays 6 - 7; Cubs: ages 8 - 10 meeting Wednesdays 6:30 - 8; Scouts: ages 11 - 14 meeting Mondays 6:30 to 8:30; and Venturers: ages 14 - 17 meeting Mondays 6:30 - 8:30. The group is always looking for Leaders so for more information on St. Davids Scouting please contact us.





Live jazz 1st and 3rd Sundays (Fall and Winter)

Music of a Charlie Brown Xmas

Pop-up intimate concerts

Summer Festival

Jazz in the Wineries

Jazz in Niagara - There's nothing like it! #LIVELOVEJAZZ

www.niagarajazzfestival.com

1-844-LIV-JAZZ • 1-844-548-5299





# BRING YOUR NEXT GATHERING TO THE GARDEN INN!

With up to 3,489 sq footage of flexible meeting space located minutes from Niagara-on-the-Lake, the Hilton Garden Inn is a gorgeous escape for both relaxation and work. Stay, Play and Meet with us in one of our 4 spacious meeting rooms, 118 guest rooms, onsite fitness centre, 24-hour business centre and onsite restaurant. We offer great space for your social functions including weddings and birthday parties.

Book your meeting, event or guest rooms with us today by contacting our sales department.

Contact: Krystal Walters krystal.walters@hilton.com

500 York Road, Niagara-on-the-Lake LOS 1J0



905-704-3805 • www.hiltongardeninn3.hilton.com





# NOTL SCENT-FREE ENVIRONMENT

"The Town of Niagara-on-the-Lake promotes a scent-free environment and prohibits the use of synthetic fragrance at any time, as it may cause adverse physical effects that threaten the ongoing health and safety of our employees, residents, and visitors. The Town of Niagara-on-the-Lake supports an environment within all Town-owned buildings that is free from overt synthetic fragrances."

The Town of Niagara-on-the-Lake is not responsible for any accidents or injuries that may take place while using Town facilities.



To reserve community facilities, please contact the Community Centre at 905-468-4386 or visit www.notl.org to register online.

### **ARENAS**

The Town's Parks & Recreation division operates the Centennial Arena and the Meridian Credit Union Arena located in Centennial Park (1565/1567 Four Mile Creek Road, Virgil). The 2019/2020 season will start on Tuesday September 3, 2019 and ends on Sunday April 5, 2020. Arena floors are available for rent during the summer months for various activities such as ball hockey, lacrosse and dances, etc.

### 2019/2020 PUBLIC SKATING SCHEDULE

Blue shading: Meridian Credit Union Arena

Yellow shading: Centennial Arena



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Skating 1:30-3pm	Adult Skate 9-10am	Shinny 12-1pm	Adult Skate 9-10am	Stick & Puck Youth 10-11:30am	Adult Skate 9-10am	Public Skating 1:30-3pm
	Parents & Preschool 10-11:30am	Parents & Preschool 1:30-3pm	Parents & Preschool 10-11:30am	Stick & Puck Adult 10-11:30am	Parents & Preschool 10-11:30am	
	Shinny 12-1pm		Shinny 12-1pm	Shinny 12-1pm	Shinny 12-1pm	
				Parents & Preschool 1:30-3pm		

Please check www.notl.org/content/arenas for any cancellations.

### **FEES**

Skating	Total Amount (taxes included)		
Public Skating/Adult Skate	\$4.00 adults (\$51 season pass) \$3.00 older adults/youth (\$41 season pass) \$87.00 family season pass		
Parents & Preschool /Stick & Puck	\$1.00 adult / \$1.00 youth		
Shinny	\$5.00 daily (\$154 season pass)		
Skate Sharpening	\$5.00		

Ice Rentals	Total Amount (taxes included)
Prime Time – Resident	\$187.00
Non-Prime Time	\$143.00
Prime Time – Non Resident	\$204.00
½ Ice – Non Prime Time Only	\$71.50
Minor Sports – Prime Time less surcharge less 30% subsidy	\$125.50
Minor Sports – Non Prime Time less surcharge less 30% subsidy	\$100.00
Day of Ice	\$87.00
Non-Prime Time School Rate	\$102.00

- \* Prime time hours are Monday to Friday from 4:00 to 11:00 p.m., Saturdays and Holidays from 6:00 a.m. to 12:00 midnight, and Sundays from 6:00 a.m. to 11:00 p.m. All other times are non-prime time.
- \* In order to qualify for resident's rates 60% of the group must be residents of Niagara-on-the-Lake.
- \* 1/2 ice rental is for training purposes only
- \* Day of ice is a booking for the day of the event. This is based on schedule availability. Cancelling or rebooking is not permitted.

### **ARENA ADVERTISING**

Arena	Total Amount (taxes included)
Centennial Arena	\$180.00
Meridian Credit Union Arena	\$411.00
Both Arenas	\$385.00

<sup>\* 12</sup> month pricing. Prorated rates available for groups interested mid-season.

### **ARENA MEETING ROOM**

\*Rooms are available free of charge for all community groups unless they have a special occasion permit.

Room	Total Amount (taxes included)
Mary Snider Room - Hourly	\$22.00
Mary Snider Room – Daily	\$101.00
Board Room – Hourly	\$22.00
Board Room – Daily	\$101.00
Insurance Fee - Events with Alcohol	\$175.00





### **BALL DIAMONDS**

Three lit ball diamonds are located at Centennial Park (1565/1567 Four Mile Creek Road, Virgil) and one lit ball diamond is located at Memorial Park (370 King Street, Old Town). These diamonds can be reserved hourly on a seasonal or spot booking basis.

	Total Amount (taxes included)
Residents – Hour/Diamond	\$20.50
Non-Residents – Hour/Diamond	\$30.50
Tournament – Residents/Hour/Diamond	\$36.00
Tournament – Non-Residents/	
Hour/Diamond	\$41.00
Tournament – Non-Profit/Hour/Diamond	\$30.50
Minor Sports - Hour/Diamond- Game	\$20.50
Minor Sports – Hour/ Diamond– Practice	\$15.50
Lights – Night	\$15.50

### **POOLS & SPLASH PAD**

There are two outdoor summer pools. The Niagara Pool is located in Memorial Park in Old Town, and the St. Davids Pool is located at the St. Davids Lions Park on York Road in St. Davids.

There is a splash pad located at the Centennial Park in Virgil which is fully accessible complete with a pavilion and washrooms. The splash pad operates on an automated water system and is open from 9:00 a.m. to 9:00 p.m. from early June to mid-September. There is a wading pool located in Simcoe Park in Old Town which is available from mid-June to September.

For more information about Town pools and splash pads, please contact 905-468-3266 or go to <u>www.notl.org/content/pools-splash-pads</u>.





### SKATEBOARD PARK

A skateboard park is located at the Centennial Park in Virgil. The facility is available for everyone to enjoy from dawn until dusk. The use of protective equipment is strongly recommended. A new skateboard park/pump track is under review and anticipated to be complete in 2019.



### **SOCCER FIELDS**

The Town maintains four soccer fields (two regulation size and two mini fields) at Memorial Park in Old Town, four mini fields at Centennial Park in Virgil, and one recreational soccer field at Rye Heritage Park in Old Town.

Type A Field – Memorial Park – A

	Total Amount (taxes included)
Resident	\$25.50
Non-Resident	\$30.50
Minor Soccer – Subsidized	\$15.50
Additional Lining / Field	\$92.00
Lights – Nightly	\$30.50
Change Rooms - Nightly	\$25.50

Type B Field – Memorial Park – B/C/D Pitch Virgil Sports Park – 1/2/3/4/5 Pitch

	Total Amount (taxes included)
Resident	\$20.50
Non-Resident	\$25.50
Minor Soccer – Subsidized	\$15.50
Additional Lining / Field	\$92.00

### **PICKLEBALL COURTS**

Pickleball courts have been installed at the Virgil Centennial Park. The Town's Parks & Recreation division maintains the six open access pickleball courts.



### **TENNIS COURTS**

The Town's Parks & Recreation division maintains open access tennis courts at the following locations: Memorial Park, Rye Heritage Park, Garrison Village Park, and St. Davids Lions Park. All courts are available at no charge except the Memorial Park Courts.

### **VOLLEYBALL COURT**

An outdoor volleyball court is available at no charge at Memorial Park in Old Town. The court can be used on a first come basis, however, if a group is waiting, use is restricted to one hour length times.



To reserve community facilities, please contact the Community Centre at 905-468-4386 or visit <a href="www.notl.org">www.notl.org</a> to register online.



# Serving Niagara Since 1977 SIMPSON'S

That's what makes our Community Pharmacy different.

### Simpson's Pharmacy





Synchronize your medications to be refilled on the same day

### f you...

- Take at least one continuous medication.
- Make multiple trips to the pharmacy to pick up your refills.
- Sometimes forget to call in your refills.
- Occasionally run out of medication between refills



If any of the above apply, speak with your Simpson's pharmacist about synchronizing your medications today.

# Flu Shots Conveniently Available at Both Locations! See store for details.

### Simpson's Apothecary



### 233 King St | 905.468.8400 Niagara-on-the-Lake

Mon - Fri: .... 9:30 am - 6:00 pm Saturday: ... 10:00 am - 5:00 pm Sunday: ... 11:00 am - 3:00 pm simpsonspharmacy.ca



PHARMASAVE

The Niagara-on-the-Lake Community Centre is located at 14 Anderson Lane and is open Monday to Friday from 6:00 a.m. to 9:00 p.m. and Saturday and Sunday from 7:00 a.m. to 5:00 p.m. Registration for activities and facility rentals are available online at www.notl.org.

For more information, please contact:

905-468-4FUN (4386)

### **Auditorium**

- Ideal space for weddings, seminars, parties, fitness classes, stag & doe's and other functions
- Large auditorium can be divided into three rooms
- Kitchen and bar facilities attached to auditorium
- Built-in sound system, 2 stationary LCD projectors
- Capacity 400 assembly or 300 seated at tables

### **Hourly Rates**

Sunday - Thursday until 10:00 p.m. Friday until 3:00 p.m.

### Full Auditorium - 60 x 75'

Private - \$83.95/hr

Public - \$40.70/hr

Senior - \$27.25/hr

### 2/3 Auditorium - 60 x 50'

Private - \$57.25/hr

Public - \$30.25/hr

Senior - \$19.00/hr

### 1/3 Auditorium - 60 x 25'

Private - \$30.25/hr

Public - \$16.75/hr

Senior - \$11.00/hr

### **Daily Rates - Full Auditorium Only**

Friday Evenings\*
Resident -3:00 p.m. -1:30 a.m. - \$772.50

Non-Resident -3:00 p.m. -1:30 a.m. - \$927.00

### Saturday\*

Resident - 7:00 a.m. - 1:30 a.m. - \$1,236.00 Non-Resident - 7:00 a.m. - 1:30 a.m. - \$1,545.00

\*Fridays after 3:00 p.m. and Saturday hourly rates can be booked within a month's notice All rates include HST (13%)

\*\*Kitchen Fee – Flat rate of \$77.25 per event

\*\*\*Insurance Fee – Events with Alcohol

Flat Fee - \$175.00 per event

### Simpson Pharmacy Room 52 x 30'

- 1560 sq feet ideal space for wedding showers, parties, fitness classes, meetings, etc.
- Kitchenette (fridge, microwave, sink)
- Capacity 80 assembly or 65 seated at tables

### Rates - Public

Mon - Sun - \$24.00/hr

Saturday & Sunday, 7:00 a.m. - 5:00 p.m. - \$179.00 flat Saturday & Sunday, 5:00 p.m. - 10:00 p.m. - \$245.40 flat

### Rates - Senior

Mon - Sun - \$18.00/hr

Saturday & Sunday, 7:00 a.m. - 5:00 p.m. - \$122.50 flat Saturday & Sunday, 5:00 p.m. - 10:00 p.m. - \$179.00 flat



### Mori Nurseries Room - 35 x 29'

- 1015 sq feet ideal space for wedding showers, parties, fitness classes, meetings, etc.
- Kitchenette (fridge, microwave, sink)
- Capacity 60 assembly or 40 seated at tables

### Rates - Public

Mon - Sun - \$20.00/hr

Saturday & Sunday, 7:00 a.m. - 5:00 p.m. - \$151.00 flat Saturday & Sunday, 5:00 p.m. - 10:00 p.m. - \$217.25 flat

### Rates - Senior

Mon - Sun - \$14.00/hr

Saturday & Sunday, 7:00 a.m. - 5:00 p.m. - \$94.75 flat Saturday & Sunday, 5:00 p.m. - 10:00 p.m. - \$151.00 flat

# community centre our place to play



### Bedrosian Julien Group, Scotiamcleod Studio Room – 41' x 23'

- 943 ft.² suitable space for fitness, dance, karate, etc.
- Mirrors and built in sound system
- Seats 12 to 15 people comfortably

Rates – Public
Mon – Sun - \$16.75/hr

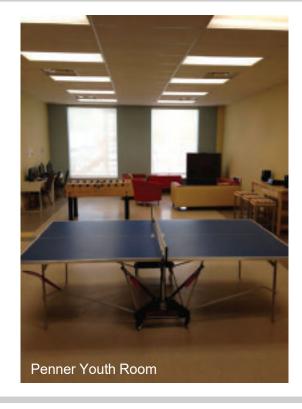
Rates – Private Mon – Sun - \$30.250/hr

### **Penner Youth Room**

- 780 ft.² ideal for birthday parties, meetings, fitness classes, etc.
- · Big screen TV with Playstation 4
- · Table tennis and foosball table
- Three Mac computers with internet access

### Rates - Public

Mon – Sun - \$20.00/hr Sat & Sun, 7:00 a.m. – 5:00 p.m. - \$151.00 flat Sat & Sun, 5:00 p.m. – 10:00 p.m. - \$217.25 flat





### **Martin Sheppard Fraser LLP Board Room**

- Multiple room setup available
- Wi-Fi and AV services available
- Seats 12 to 15 people comfortably

### Rates - Public

Mon - Sun - \$10.00/hr

### Rates - Private

Mon - Sun - \$16.00/hr

# Track & Fitness Area

Located on the second floor of the Community Centre. For more information contact the Community Centre at 905-468-4386.

### Includes:

- NOTL Rotary Track
- Virgil Business Association Fitness Area
- NOTL Kinsmen Fit Stop



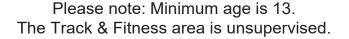
# Ommunity Centre our place to play

### Features Include:

- Walking track (375 ft)
- Strength machines
- Free weights
- Exercise/stability balls
- Plyometric boxes
- Cardio machines
- WiFi

niagara-on-the-lake













# 2019 Track & Fitness Area – Membership Form

Address	(Please		Boy Number	
Addies			Box Number	
City/ To	wn		Postal Code	
Ph: Hor	ne	Work	Cell	
Email				
Emerge	ncy Contact			
Home F			Cell Phone Number	
<u>Rates</u>			mbership cards \$10.00/membe	
	Residents	Rate	Non Residents	Rate
	Daily pass	\$ 5.00	Daily pass	\$ 5.00
	Monthly - Adult	\$ 21.00	Monthly - Adult	\$ 28.00
		\$ 16.00	Monthly - Student	\$ 23.00
	Monthly - Student	ψ 10.00	Internally Stadeont	Ψ =0.00
	Monthly - Student Monthly - Senior	\$ 14.00	Monthly - Senior	\$ 21.00
		<u> </u>		
	Monthly - Senior	\$ 14.00	Monthly - Senior	\$ 21.00
	Monthly - Senior Yearly - Adult	\$ 14.00 \$205.00	Monthly - Senior Yearly - Adult	\$ 21.00 \$275.00
	Monthly - Senior Yearly - Adult Yearly - Student	\$ 14.00 \$205.00 \$170.00	Monthly - Senior Yearly - Adult Yearly - Student	\$ 21.00 \$275.00 \$235.00
	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior	\$ 14.00 \$205.00 \$170.00 \$140.00	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior	\$ 21.00 \$275.00 \$235.00 \$205.00
	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior	\$ 14.00 \$205.00 \$170.00 \$140.00	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior	\$ 21.00 \$275.00 \$235.00 \$205.00
Senior rat	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  2 adults and 2 youth ages apply for members age 66	\$ 14.00 \$205.00 \$170.00 \$140.00 \$275.00 \$170.00 \$305.00 (3-20 years living in some part of the part of	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  ame household, if more than 2	\$ 21.00 \$275.00 \$235.00 \$205.00 \$340.00 \$275.00 \$375.00 \$youth + \$25/ extra youth)
Senior rat	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  = 2 adults and 2 youth ages ages apply for members age 66 ber hereby agree to meet all	\$ 14.00 \$205.00 \$170.00 \$140.00 \$275.00 \$170.00 \$305.00 (3-20 years living in some properties of the p	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  ame household, if more than 2	\$ 21.00 \$275.00 \$235.00 \$205.00 \$340.00 \$275.00 \$375.00 \$youth + \$25/ extra youth)
Senior rate the Mem	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  = 2 adults and 2 youth ages are apply for members age 60 ber hereby agree to meet all fy and save harmless the Tov	\$ 14.00 \$205.00 \$170.00 \$140.00 \$275.00 \$170.00 \$305.00 (3-20 years living in some years and older) the rules and regulation of Niagara-on-the-liven	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  ame household, if more than 2 ons of the membership to the Trake and all employees and office	\$ 21.00 \$275.00 \$235.00 \$205.00 \$340.00 \$275.00 \$375.00 \$vouth + \$25/ extra youth) ack & Fitness Floor and agrers from and against all clai
Senior rate the Mem	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  = 2 adults and 2 youth ages are apply for members age 60 ber hereby agree to meet all fy and save harmless the Tov	\$ 14.00 \$205.00 \$170.00 \$140.00 \$275.00 \$170.00 \$305.00 (3-20 years living in some years and older) the rules and regulation of Niagara-on-the-liven	Monthly - Senior Yearly - Adult Yearly - Student Yearly - Senior Couple - Adult Couple - Senior Family  ame household, if more than 2	\$ 21.00 \$275.00 \$235.00 \$205.00 \$340.00 \$275.00 \$375.00 \$vouth + \$25/ extra youth) ack & Fitness Floor and agrers from and against all clai

Received by:

Membership #

Office Use Only:



THE PERFECT PLACE FOR FRIENDS AND FAMILY TO GATHER.

# ENJOY MOUTH-WATERING PIZZA, WINGS AND MORE.

### STAYING IN?

Pick up and delivery available.

### RESTAURANT HOURS:

Sun to Thur 11:30 am to 1:00 am

Fri and Sat 11:30 am to 2:00 am

### **DELIVERY HOURS:**

Sun to Wed 5:00 pm to 10:00 pm

Thur to Sat 5:00 pm to 11:00 pm

### BREAKFAST HOURS:

Mon to Fri 8:00 am to 11:00 am

Sat 7:30 am to 11:00 am

Sun 7:30 am to 11:30 am

VISIT US ONLINE TO VIEW OUR MENU





Dr. Kevin Clark Dr. Rebecca Zabek-Clark Dentists

> and their registered Dental Hygiene Team

369 Mary Street, Niagara-on-the-Lake

# NEW PATIENTS WELCOME

905-468-3009 • www.niagaradental.ca

# WEDDINGS & CORPORATE FUNCTIONS











### **NIAGARA-ON-THE-LAKE COMMUNITY CENTRE**

The Niagara-on-the-Lake Community Centre is located at 14 Anderson Lane in Old Town. The Community Centre includes a large auditorium that is perfect for weddings or corporate functions. The large auditorium is 60' x 75' and can be divided into three rooms. This space also includes a kitchen and bar and has the capacity to fit 300 people seated and 400 people assembly style. See page 20-21 for a full description of the available rooms for rent, pictures and prices. For more information about the Community Centre, please contact 905-468-4FUN (4386).

# WEDDINGS & CORPORATE FUNCTIONS



### **COURT HOUSE**

The historic Court House, which was constructed in the 1850s, is located at 26 Queen Street in Old Town and is available for rent from mid-October to mid-March. Two halls, the Grand Hall and John Drope Hall are ideal for weddings, receptions, and meetings. For more information, please call 905-468-4FUN (4386).

This facility is not available from March 4, 2019 to November 1, 2019, and March 2, 2020 to October 30, 2020. Room bookings can be done 18 months in advance.

### **RESIDENT**

ROOM	TOTAL AMOUNT (TAXES INCLUDED)
Private – Daily	\$1500.00
Not for Profit – Daily	\$1236.00
Friday Setup	\$309.00
Hourly	\$56.65
Security Deposit	\$500.00
Insurance Fees – Events with Alcohol	\$175.00

### **NON-RESIDENT**

ROOM	TOTAL AMOUNT (TAXES INCLUDED)
Private – Daily	\$1750.00
Not for Profit – Daily	\$1545.00
Friday Setup	\$309.00
Hourly	\$56.65
Security Deposit	\$500.00
Insurance Fees – Events with Alcohol	\$175.00



### **OUEEN'S ROYAL PARK GAZEBO**

The waterfront gazebo located in Queen's Royal Park (Front Street in Old Town) can be reserved for small weddings and holds up to 12 people. For more information, please call 905-468-4FUN (4386).

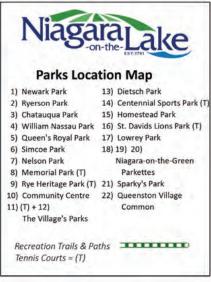
	TOTAL AMOUNT (TAXES INCLUDED)
Gazebo Rental (3 hour blocks)	\$180.00



# **TOWN PARKS**

The Town's many beautifully maintained parks are a source of pride in our community and are available to the public at no charge. Reservations are not accepted at our parks, however, facilities within the parks (soccer fields and ball diamonds in Memorial and Centennial Parks, the gazebo in Queen's Royal Park, and the bandshell in Simcoe Park, etc.) can be reserved by calling the Community Centre at 905-468-4386.







### **NEWARK PARK -**

Niven and Lakeshore Road, Niagara-on-the-Lake

**Features:** large park with ample parking space.

### **RYERSON PARK -**

Niagara Boulevard, Niagara-on-the-Lake **Features:** benches.

### **CHAUTAUQUA PARK -**

Oak Drive, Niagara-on-the-Lake **Features:** playground with a wood fibre surface, benches, and open space.

### **WILLIAM NASSAU PARK -**

Corner of William and Nassau Street, Niagara-on-the-Lake

**Features:** open space and a memorial garden maintained by the Niagara-on-the-Lake Horticultural Society.

### **OUEEN'S ROYAL PARK -**

Front Street, Niagara-on-the-Lake

**Features:** gazebo (with accommodations for small weddings of 12 people maximum), picnic tables, benches, and public washrooms.

### **SIMCOE PARK -**

Corner of Queen and King Street, Niagara-on-the-Lake

**Features:** splash pad, bandshell, picnic tables, playground with a wood fibre surface, benches, and public washrooms.

#### **NELSON PARK –**

Off Ricardo Street on the Niagara River at the start of the Waterfront Trail

**Features:** gazebo, open space, and benches.

### **MEMORIAL PARK -**

370 King Street, Niagara-on-the-Lake

**Features:** outdoor pool (open June to September), four lit joint-friendly surfaced tennis courts, outdoor beach volleyball court, one lit ball diamond, two regulation size and two mini-sized soccer fields, picnic tables, pavilion, playground with a wood fibre surface, benches, and public washrooms.

### **RYE HERITAGE PARK -**

Rye Street, Niagara-on-the-Lake

**Features:** two asphalt tennis courts, (with acrylic surfacing); basketball pad, one soccer field, picnic tables, playground (rubber and wood fibre surface), and benches.

# **TOWN PARKS**



### **VILLAGES PARK -**

Niagara Stone Road, Niagara-on-the-Lake **Features:** 1.83 acres of open space with no park amenities.

### **GARRISON VILLAGE PARK -**

Upper Canada Drive, Niagara-on-the-Lake **Features:** playground with a wood fibre surface, one tennis court, (with acrylic surfacing); one basketball court, and benches

### **CENTENNIAL PARK –**

1565 Four Mile Creek Road, Virgil

**Features:** Meridian Credit Union and Centennial Arenas, three lit baseball diamonds, four mini soccer fields, two lit asphalt tennis courts, picnic tables and pavilion, two playgrounds with a sand and rubber surface, fitness equipment, splash pad, skate park, concession, benches, and washrooms.

Playground and fitness equipment: The playground equipment includes two structures, one geared for 2 to 5 year olds and the other for 5 to 12 year olds.

Fitness equipment: Six different training stations along the 2,200ft fitness trail. Each station includes signage with quick response codes (QR Codes) to scan on your mobile device that links you to a video demonstration of the exercise options.

### **HOMESTEAD PARK-**

Frontier Drive, Virgil

**Features:** playground with a wood fibre surface, benches, and open space.

### ST. DAVIDS LIONS PARK -

1446 York Road, St. Davids

**Features:** seasonal outdoor pool, two asphalt tennis courts (with acrylic surfacing); picnic tables and pavilion, playground with a wood fibre surface, benches, and public washrooms (when the pool is open).

### **LOWREY PARK -**

York Road, St. Davids

Features: benches and open space

### **NIAGARA-ON-THE-GREEN PARK -**

Niagara-on-the-Green Subdivision near Wright and Young Crescents

**Features:** sports court, playground with a wood fibre surface, benches, and open space.

### SPARKY'S PARK -

Corner of Warner and Tanbark Road, St. Davids

**Features:** playground with a rubberized surface, swing set with a wood fibre surface, 3 on 3 basketball court, small pavilion, open space, and benches to be installed.

### **QUEENSTON VILLAGE COMMON -**

5 Queenston Street, Queenston

**Features:** Open space, walking paths, and playground (installation Spring, 2019)

### **VOICES OF FREEDOM PARK -**

244 Regent Street, Niagara-on-the-Lake **Features:** This passive park includes a memorial for black history, open green space and public art. Visit vofpark.org for more information.

### **PAVILIONS**

Two pavilions are available for reservation. One is located at Memorial Park in Old Town and the other is located at the Centennial Park in Virgil.

### **PAVILION & BANDSHELL**

	Total Amount (taxes included)
Bandshell Rental	\$45.25
Memorial Park Pavilion	\$50.00
Virgil Sports park Pavilion	\$50.00

### **BETA SIGMA PHI**

Contact: Luba Fraser (Xi Eta Chi Chapter) | 905-468-4510

Ifraser6@cogeco.ca

**Time:** 3rd Tuesday of the month 1:00 – 4:00 p.m. **Location:** Mori Room, NOTL Community Centre

Beta Sigma Phi is an international, cultural and social non-profit organization for women. Members expand their horizons through rewarding friendships, enriching programs and enjoyable socials and service to the community.

## BRIDGE LESSONS FOR BEGINNERS AND INTERMEDIATE LEVEL PLAYERS

Contact: Marlene Walther | 905-359-4433

mmwalther@hotmail.com

Time: Wednesday, 9 a.m. to noon (once a month, September

to June)

Location: Mori Room, NOTL Community Centre

Cost: \$15

Improve your bridge skills and your memory, meet new people and have fun. Topics change for each session and are based on the needs of the group. Call or email for more information.

### **CARDS AND CONVERSATION**

Contact: Wilma Bosgraaf | 905-468-5363

<u>wilmabosgraaf@hotmail.ca</u> **Time:** Monday 1:00 – 4:00 p.m.

Location: Simpson Room, NOTL Community Centre

Cost: \$3.00/card

Join us in learning how to create beautiful greeting cards for all occasions to send out to family and friends. Beginners are welcome, no experience is necessary. Feel free to drop in at any class. Phone or email for more information.

# CANADIAN ASSOCIATION OF RETIRED PERSONS (CARP)

**Contact:** 905-931-3863 | niagara@carp.ca

**Location:** Royal Niagara Golf Course, Niagara-on-the-Green Blvd The Niagara CARP Chapter is made up of members who volunteer their time, talent and sense of community. Through our volunteer board and committees, this Chapter provides opportunities for members to get involved in the social issues that affect Canadians as we age. Please follow us on Facebook (@ NiagaraRegionCARP) for more details about events, posts, and the community. Meetings are held from 2 – 4 PM and doors open at 1:30 PM for coffee, tea, and snacks. There are also computer user group workshops from 3:30 – 4:00 PM on the same days as the meeting.

### **CASUAL BRIDGE CLUB**

Contact: Bob Gidden | 905-262-6574 | bobgidden@gmail.com

**Time:** Thursday 1 p.m.

Location: Simpson Room, NOTL Community Centre

**Cost:** \$2

This is a casual bridge game. It is not a duplicate game. No

partner is required. The rules and conventions are kept simple. Basic knowledge of bridge playing is required. Prizes are given for good playing, lucky scores, and just having a good time. A mid-afternoon break is provided for social interaction. Come and enjoy a pleasant afternoon.



### FRENCH CONVERSATION GROUP

**Contact:** 905-468-4386 **Time:** Monday 2:00 – 3:30 p.m.

**Location:** Board Room, NOTL Community Centre

This is an opportunity to use your French speaking skills to converse with others in a relaxed environment.

### FRIENDS OF FORT GEORGE

Contact: 905-468-6621 | www.friendsoffortgeorge.ca

The Friends of Fort George is a not-for-profit charitable organization that works in partnership with Parks Canada for the protection, preservation, development and interpretation of the past military significance and the historical resources of Niagara National Historic Sites. Programs include the sponsorship of student summer employment funded through special events throughout the year and the operation of the onsite book/gift shop at Fort George and Brock's Monument. Membership benefits include a 15% discount at the shop, advance notification of special events and the "On Parade" newsletter. The shop, located in the Visitors' Reception Centre at Fort George, is open weekends from November to April and seven days a week from May to October.

#### **FOFG Dates to Remember:**

**October 13, 2019 –** Battle of Queenston Heights

Commemoration

**November 8, 2019 –** Beefsteak Society Dinner Fundraiser

January 1, 2020 – New Year's Day Levee

### **GERMAN CONVERSATION GROUP**

**Contact:** 905-468-4386

**Time:** Wednesday 10:00 – 11:30 a.m.

Location: Board Room, NOTL Community Centre

This is an opportunity to use your German speaking skills to

converse with others in a relaxed environment.

### LORD MAYOR'S YOUTH ADVISORY COUNCIL

**Contact:** Victoria Steele | <u>victoria.steele@notl.com</u>

www.jointheconversation.org

Location: Boardroom, NOTL Community Centre

The Lord Mayor's Youth Advisory Council (LMYAC) is a motivated group of youth from NOTL, aged 13-18, who are working to create opportunities for the youth of Niagara-on-the-Lake. Community events run by the LMYAC include the Youth Holiday Celebration (December) and Grade 8 Mental Health and Wellness Conference (May). Membership applications are available in August.

### **NEWARK NEIGHBOURS FOOD BANK & THRIFT STORE**

Contact: 905-468-3519 | newarkneighbours1@gmail.com

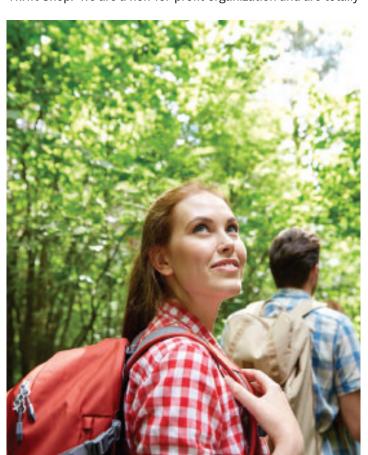
www.newarkneighbours.ca

Location: 310 John Street East, Niagara-on-the-Lake

Open Monday to Friday, 9:30 a.m. - 2:00 p.m. and on Sunday

from April to September, 9:30 a.m. - 2:00 p.m.

Newark Neighbours is Niagara-on-the-Lake's local Food Bank and Thrift Shop. We are a non-for-profit organization and are totally



run by volunteers - we do not receive any government funding. We provide food to eligible NOTL residents. NOTL residents who meet the LICO qualifications (low income poverty cut off line) may receive food every two weeks with special baskets provided at Easter, Thanksgiving and Christmas. Sales from our Thrift Shop support the food bank and its operation. Please visit our website to view a complete list of services and news.

### **NIAGARA BRUCE TRAIL CLUB**

**Contact:** Margaret Northfield | 905-324-2707

<u>niagarabrucetrailclub@gmail.com</u> <u>www.niagarabrucetrailclub.org</u>

Cost: \$50 annual fee, non-members may join a couple of hikes

for free

Niagara Bruce Trail Club is a non-profit volunteer organization. We focus on preserving and maintaining the Niagara section (80 km) of the Bruce Trail for future generations. Led hikes are conducted 6-8 times per week, with varying terrain and pace. Hikes are on the Bruce Trail as well as recreational trails in the Niagara Region. See our calendar to select a hike that is right for you.

### **NIAGARA EPHEMERA CLUB**

Contact: Paul Catling | 905-468-9692 or

John Sayers 905-468-3014

**Time:** Every third Tuesday of the month from September to

June, 7:00 – 9:00 p.m.

Location: Board Room, NOTL Community Centre

Cost: Rent cost for the room

We show and discuss a variety of paper collectables such as

stamps, post cards, prints and books, etc., etc.

### **NIAGARA NOMADS HIKING GROUP**

Contact: Chris & Dave Lansley | 905-468-3768

The Niagara Peninsula is a fabulous area to hike, to enjoy the beauty and to uncover the history of this amazing place and the communities within it. The Niagara Nomads, based in Niagaraon-the-Lake, provide an opportunity to explore our corner of the world with a 21/2 to 3 hour hike - usually every second Saturday - throughout the year. Winter hikes are usually on flatter surfaces, often closer to or in town, while hikes in other seasons are somewhat more ambitious, walking the Bruce Trail, visiting provincial parks, and viewing waterfalls, large and small. In some years the group ventures outside the region to do an "away hike" over a period of two or three days. Members are primarily retired people, mostly couples, but there is no age limit and single people are most welcome. The group is not a formal organization, collects no dues, and takes turns to plan and lead hikes. We meet semi-annually to enjoy a potluck supper and plan activities for the next six months.

## NIAGARA-ON-THE-LAKE AMATEUR VINTNERS

**Contact:** Michael Dautovich 905-356-9050 | dautovich@bell.net

Time: Last Tuesday of the Month, 7:00 to

9:00 pm

Location: Simpson Room, NOTL

Community Centre

Cost: Annual Membership - \$90

The NOTL Amateur Vintners is amateur wine making group belonging to the Amateur Winemakers of Ontario (AWO). The Club holds seven meetings a year and an annual club wine making competition in March. Members learn how to improve wine making skills and also taste other members wines at meetings. At the club competition, wines are judged by judges from the Wine Judges of Canada. There is an opportunity for wines which are judged as silver or gold category wines to be entered into the all Ontario competition.

# NIAGARA ROBOTICS ASSOCIATION - TEAM 6978 QUICKSTRIKE

**Contact:** <u>quickstrike@niagararobotics.com</u> www.niagararobotics.com

**Meeting Dates:** Tuesday evenings, September to April, 5:00 – 8:00 p.m. **Location:** Mary Snider Room, 1565 Four

Mile Creek Road, Virgil

Niagara Robotics is proud to present Team Quickstrike, a team of high school aged students that are guided by skilled mentors volunteering their time to teach the crucial skills needed in numerous technical fields. The program focuses on teaching robotics, and within robotics the principals of STEM (Science. Technology. Engineering. Math). Our program is based in Niagara and is open to all students. As a community based team we are able to give students the opportunity to compete in FIRST Robotics Competitions.

## NOTL COMMUNITY SAFETY COMMITTEE

**Contact:** Catharine Wickabrod (Chair) 905-646-7967

<u>catharine.wickabrod@henryschein.ca</u> **Meeting Dates:** Every third Tuesday of

the month, 4:30 p.m.

Location: Mary Snider Room, 1565 Four

Mile Creek Road, Virgil

In an effort to make Niagara on the Lake a better and safer community in which to live, the NOTL Community Safety Committee (formerly known as the NOTL Policing Committee) provides a formal structure for liaison between citizens. businesses, Town Council and Police to reduce crime, educate the public and promote safety. Committee members include representatives from the Niagara Regional Police, Niagara Parks Police, a Town Councillor, a representative from the Town's Park's & Recreation division, a representative from the Town's By-Law Enforcement division and citizen's representing the villages of Queenston, Glendale, Virgil, Niagara on the Lake and St. David's. The public is welcome to attend. Presently, the Committee organises a bike rodeo in May for migrant workers, a fraud presentation for local businesses, works on the "Lock it or Lose it" program in partnership with the NRP. a Drug Awareness program in elementary schools and the 'Know Your Neighbour" program. Any suggestions, comments or concerns not of an emergency nature may be directed to the Chair. A response will be given only of you provide a means of contact. However, if this is an emergency please contact the Niagara Regional Police at 905-688-4111.

### **NOTL DUPLICATE BRIDGE CENTRE**

**Contact:** Darlene Menhennet dmenhennet@gmail.com www.notldbc.ca

**Time:** Tuesday & Friday afternoon, 1:00 – 4:00 p.m., game registration at 12:50 p.m.

**Location:** Auditorium, Community Centre

**Cost:** \$5.00/game for members, \$7/game for non-members

We offer ACBL sanctioned bridge games and we welcome all players regardless of experience. Before the game on Tuesdays we have a short "chalk talk" at 12:30pm. Workshops are available on an ongoing basis. Our goal is to have "the friendliest game in town".

### NOTL DUPLICATE BRIDGE CLUB

**Contact:** Verne Chant

905-468-0809 | <u>vgchant@hickling.ca</u> or Pat Braun | 905-468-0809

Time: Thursday, 7:00 PM
Location: Simpson Room, NOTL

Community Centre

**Cost:** \$2.00 / Members – Membership fee is \$10.00 per year, \$3.00 / Non-Members

The Duplicate Bridge Club has been active for over 40 years. It is a non-profit club run by volunteers. Game starts at 7:00 pm sharp. We have several social activities prior to the game throughout the year. Our aim is to provide a friendly atmosphere for playing duplicate bridge.

### **NOTL GOLDEN AGE CLUB**

Contact: Margaret Boldt (President) |

905-468-3756

**Time:** Tuesday 12:00 – 5:00 p.m. **Location:** Simpson Room, NOTL

Community Centre

Cost: Membership Fee \$15

Euchre begins at 1:30 p.m. and luncheons are potluck or catered. This a great way to make new friends.

### NOTL HORTICULTURAL SOCIETY

**Contact:** Joanne Young | 905-938-2238 notlhortsociety@gmail.com www.notlhortsociety.com

**Time:** Every fourth Tuesday of the month - January to May and September to November, 6:30 p.m. (Refreshments), 7:00 p.m. (Meeting)

**Location:** Auditorium, NOTL Community Centre

**Cost:** Individual Membership - \$15/year or Family Membership - \$20/year

The Niagara-on-the-Lake Horticultural Society is one of the oldest ones in Ontario. We are a non-profit, charitable organization. We are affiliated with the Ontario Horticultural Association, which has led Ontarians in all things horticultural since 1906. We educate our members on a variety of horticultural topics and instruct proper gardening techniques through speakers and workshops. We promote horticulture to young people through donations and bursaries. We also give back to the community through the

encouragement and financial support of garden related community projects. We encourage the beautification of both public and private spaces.

### **NOTL NEWCOMERS CLUB**

Contact: Pauline Miller | 905-468-0486 president@notlnewcomers.com www.notlnewcomers.com

**Time:** "Coffee & Conversation" – Last Friday of the month from September to June, 9:30 a.m., "General Meetings" -Third Wednesday of the month, 1:30 p.m. **Location:** Auditorium, NOTL Community Centre (General Meeting), Simpson Room, NOTL Community Centre (Coffee & Conversation)

NOTL Newcomers Club is a thriving social club for women who've moved to the NOTL Community within the past three years and want to get to know people and the area. The club has monthly programs from September to June. At the heart of the club are our many Interest groups where like-minded women meet to enjoy good company and a mutual interest such as cards, exercise, good food, crafts, and more. Visit our website notlnewcomers. com for more information, or drop by one of our monthly Coffee & Conversations mornings.

### **NOTL SOCIAL CLUB**

Contact: notlsocialclub@gmail.com Time: 1st and 15th of each month, 10:00 a.m.

Location: Sweets & Swirls Café located within the NOTL Community Centre The Niagara-on-the-Lake Social Club is a casual group with little formal structure, whose mission is to facilitate and encourage social connections amongst adult members who reside in or have a working or family connection to Niagaraon-the-Lake. We do this through club activities and events and interest groups run by members. New members welcome. For more information, email the address above, or come out on the 1st or 15th of each month.

### **NOTL WRITERS' CIRCLE**

**Contact:** Hermine Steinberg herminesteinberg1@gmail.com www.notlwriterscircle.com

Time: Two Sundays per month, September – June, 2 – 4 p.m. **Location:** NOTL Public Library Cost: Annual Fee \$20

The Niagara-on-the-Lake (NOTL) Writers' Circle brings together people in our community who love to write. Our group is diverse; novices to professionals, men and women, from different parts of the world and from a variety of backgrounds. It is this diversity and richness of experience that brings vitality to our group. Everyone is welcome. Our goals are to: 1. hone our craft, 2. encourage each other to creatively express ourselves through the written word, and 3. share the joy and power of storytelling.

### **QUEENSTON RESIDENTS ASSOCIATION - ANNUAL CHRISTMAS BAKE AND DÉCOR** SALE

**Contact:** Marilyn Armstrong

905-262-0268 | armstrong@bellnet.ca

**Date:** Saturday December 7 **Time:** 9:00 a.m. – 1:00 p.m.

**Location:** Queenston Community Centre.

32 Queenston Street, Queenston

Tourtieres will be available for pre-order again this year. Orders can be placed at the above contact information. Please order early as we sell out quickly. Christmas baking, coffee and muffins, and gently used or new Christmas décor items will be available for sale. If you have any gently or never used Christmas décor items, please contact us at the above email address or phone number to arrange to deliver them.

### **ROTARY CLUB OF NIAGARA-ON-**THE-LAKE

**Contact:** Bill French | 289-969-1581 info@niagaraonthelakerotary.ca niagaraonthelakerotary.ca

**Time:** Every Tuesday, 12:00 – 1:30 p.m. Location: Auditorium. NOTL Community Centre

Through Rotary clubs, people from all continents and cultures come together to exchange ideas, form friendships and professional connections while making a difference in their backyards and around the world.

### SPANISH CONVERSATION GROUP

Contact: 905-468-4386 **Time:** Friday 10:00 – 11:30 a.m. Location: Penner Room, NOTL

Community Centre

This is an opportunity to use your Spanish speaking skills to converse with others in a relaxed environment.

### ST. DAVIDS & DISTRICT LIONESS **CLUB**

Contact: Alexandra Tee | 905-262-4341 sandytee7@gmail.com

Time: Every second Wednesday of the month from September to June. 6:30 p.m.

Location: 1462 York Road, St. Davids Our Lioness Club was chartered in March of 1979 with 24 members present and we are very proud to be serving our communities for these past 40 years. Today we have 26 members and 2 of those members are charter. We support many local charities with Guide Dogs being our main focus. We would like to invite anyone who is interested in becoming a member to come out and join us for a dinner meeting and a little bit of fun.

### ST. DAVIDS RATEPAYERS **ASSOCIATION**

**Contact:** President Greg Dell president@stdavidsontario.ca www.stdavidsontario.ca

The St Davids Ratepayers Association (SDRA) represents the interests of property-owning residents and business owners in the Village of St Davids by enabling members to have an input into the governance of Niagara-on-the-Lake in areas that have an impact on St Davids Important issues include residents. the thoughtful development of our community, access to public transit, road and sidewalk maintenance, traffic control. and equality of access to municipal services at reasonable cost. The SDRA also promotes and supports events and initiatives celebrating the proud heritage of our Village in partnership with the Niagara Historical Museum and other local organizations.

### **TERRY FOX RUN**

**Contact:** Joan King | 905-262-5898 joankemp10@yahoo.ca

www.terryfox.org

**Time:** Sunday, September 15, 2019 at 9:00 a.m. (Registration), 10:00 a.m.

(Race begins)

Location: Simcoe Park

We organize the annual Terry Fox run to raise money for cancer research. All funds raised go directly to the Terry Fox foundation. The event is held the second Sunday after Labour Day at Simcoe park It is a 5km. run, walk, bike or roller blade event. This year it will be held on Sunday September 15, 2019. Registration is at 9.00am and the run is at 10.00am. A barbecue put on by the Niagara-onthe-Lake - Lewiston Rotary Club will follow. This annual event honouring our Canadian hero brings out many community members, their families and friends. Millions of Canadians participate

in the Terry Fox run. You could be one of them!

## UNIVERSITY WOMEN IN NIAGARA (UWIN)

**Contact:** Margaret Teare 905-468-8333| <u>mteare2@cogeco.ca</u> University Women in Niagara Facebook

**Time:** Every second Wednesday of the month from September to June, 7:00 p.m.

**Location:** Simpson Room, NOTL Community Centre. Some offsite excursions are determined each year.

Cost: Annual fee - \$40.00

UWIN celebrates and inspires women who are life-long learners. As a non-profit organization, UWIN supports women in need in the Niagara region. We welcome any women who have educational or professional qualifications beyond the secondary level to join at any time.

### **ANNUAL UCW BAZAAR**

Contact: Dianne Bergsma

905-934-2163

<u>dianne.bergsma@hotmail.com</u> **Time:** Saturday, November 2, 2019,

9:00 a.m. – 1:00 p.m.

**Location:** St. Davids-Queenston United Church, 1453 York Road, St. Davids
The United Church Women of St. David's-Queenston United Church hosts the Annual Bazaar where visitors can purchase baked goods, preserves, crafts and a large number of attic treasures and enjoy a soup and sandwich lunch.





# Authentic flavours closer to home

ICONIC SICHUAN AND DIM SUM FLAVOURS PAIRED WITH A TRULY TRADITIONAL DINING EXPERIENCE

Takeout and Delivery Available

## HEALTH

### **ALCOHOLICS ANONYMOUS**

**Time:** Wednesday, 8:00 – 9:00 PM **Location:** St. Marks Parish Hall All are welcome

# HAMILTON NIAGARA HALDIMAND BRANT LOCAL HEALTH INTEGRATION NETWORK

Contact: 1-800-810-0000 www.hnhblhin.on.ca

HNHBLHIN is one of 14 LHINs established across the province to plan, integrate and fund local health care. LHINs also carry out the coordination and delivery of home and community care services and are responsible for planning, integrating and funding all health care delivery services in consultation with and based on the needs of people and providers in their communities. If you need information about home and community care support, the HNHB LHIN can help! HNHB LHIN is focused on wrapping care around patients and families by delivering safe, high quality patient-centred care and services. The LHIN connects people with care where and when they need it and assists people looking for long-term care option. Contact us seven days a week – 8:30 am to 8:30 pm at 1-800-810-0000.

### NIAGARA-ON-THE-LAKE COMMUNITY PALLIATIVE CARE SERVICE

**Contact:** Bonnie Bagnulo notlpc@bellnet.ca | www.notlpc.com

This community-based organization offers seriously-ill residents and their caregivers living in Niagara-on-the-Lake, Queenston, Virgil and St.Davids a variety of services that include trained visiting volunteers who provide emotional support, respite care, friendship and compassionate listening; a wide selection of equipment; a lending library of books, DVD's and CD's; phone bereavement and bereavement support groups; also, individual grief companioning. Everything the organization does is in strict confidence and free of charge.







# SOME THINGS JUST FILL YOUR HEART WITHOUT TRYING.

"Head in the Clouds" Original Oil on Canvas By Tanya Jean Peterson

With every reproduction purchase, a portion will be donated to McMaster Complex Care.



FINE ART FRAMING PRINTING

1627 Niagara Stone Road, Niagara-on-the-Lake ON 1800 667 8525 - 905 468 4431

### **LIBRARIES**



#### **NOTL PUBLIC LIBRARY**

#### 10 Anderson Lane. NOTL

Upper Canada's Oldest Circulating Library – Established 1800 **Contact:** 905-468-2023

www.notlpubliclibrary.org

The library offers books, magazines, music, dvds, audiobooks and e-materials to borrow. Reference materials include online databases and local history collections. Services include wireless internet, computer workstations, quiet study room, printing, photocopying, scanning, faxing and inter-library loans. Accessible print and homebound services are available. Emergent technologies, such as 3D printers, embroidery, carving machines and more, are available in the Makery. The Library garden includes a culinary garden, covered gazebo, numerous sitting areas, as well as a labyrinth perfect for reflection and meditation. Pick up and drop off service is available at the library lockers located in the St. Davids Fire Hall at 745 Warner Road.

#### **Electronic Resources:**

eBooks, eMagazines, streaming video, language learning, genealogy and history databases available on our website at www.notlpubliclibrary.org.

#### **Children's Programs:**

Simply STEAM Story Time, Family Story Time, Summer Reading Club, Makery programs, and special events.

#### **Adult Programs:**

Wine and Words, Beer and Books, Practical Genealogy, INFO Health, monthly art shows, Tech Tutoring, Makery workshops, Knit-a-Bit, Fresh from the Garden and various special events.

Visit the library's website for program schedules and event dates.



#### **QUEENSTON COMMUNITY LIBRARY**

Located at 32 Queenston Street in the Village of Queenston, the Queenston Library/Community Centre is open on Tuesday afternoons from 1:00 to 4:00 p.m., and can also be rented for meetings and small informal gatherings. Browse through a collection of Canadiana, local history, and the latest best sellers. For information, please call 905-262-5173 during library hours.

#### **QUEENSTON LIBRARY – MAIN HALL**

	TOTAL AMOUNT (TAXES INCLUDED)
Hall Rental – Daily	\$166.00
Hall Rental – Hourly	\$22.00
Hall Rental (Senior) – Hourly	\$14.25
Security Deposit	\$500.00
Insurance Fees – Events with Alcohol	\$175.00





### **MUSIC & DANCE**

#### **MUSIC**

### BRAVO NIAGARA! FESTIVAL OF THE ARTS

**Contact:** Alexis Spieldenner 289-868-9177 | music@bravoniagara.org

www.bravoniagara.org

Bravo Niagara! Festival of the Arts is a not-for-profit charitable organization dedicated to presenting the world's leading Canadian and international artists in innovative, inspiring concert experiences in Niagara-on-the-Lake and the surrounding Niagara wine country. Programming spans a range of musical genres from classical to jazz. Bravo Niagara!'s upcoming concerts include superstar soprano Measha Brueggergosman (October 19), the Voices of Freedom Festival featuring jazz piano titan Monty Alexander and Larnell Lewis (November 8), GRAMMY-winning vocalist Kurt Elling (February 14), and classical guitar sensation Miloš Karadagli (March 15). For the full 2019/20 season lineup, please visit bravoniagara.org.

#### **EVERGREEN SINGERS**

**Contact:** Barbara Waller | 905-468-8484 Glyn Clarkson | 905-934-0417 evergreensingersnotl@gmail.com

Time: Monday, 1:00 – 3:00 p.m. Location: Grace United Church, 222 Victoria Street, Niagara-on-the-Lake Together for 20 years, we meet at Grace United Church Victoria St in Niagara-on-the-Lake Monday afternoons from 1-3.00 to enjoy singing a variety of music-show tunes, pop songs and classic pieces. If you enjoy singing, please come and join us. There is no audition and the ability to read music is not required. We meet from September to mid-May.

#### **NOTL UKESTERS**

Contact: Alan Ash | 289-271-1026 <u>alan.acethebass@gmail.com</u> <u>www.meetup.com/niagara-on-the-lake-ukasters</u>

**Time:** Sunday 3:00 – 4:45 p.m. **Location:** Niagara-on-the-Lake

**Community Centre** 

**Cost:** Membership Fee - \$15.00/month The NOTL Ukesters are a group of local uke players and singers that meet weekly. All skill levels from advanced beginner to advanced performer are welcome to attend.

A typical session starts with a review of 12-13 tunes from one of six sets. The remaining time we spend polishing up a recent unfinished tune, introducing something new, and open mic performances. Feel free to drop in to check us out with or without a ukulele.

#### **UKE FOR ABSOLUTE BEGINNERS**

Contact: Alan Ash | 289-271-1026 <u>alan.acethebass@gmail.com</u> <u>www.meetup.com/niagara-on-the-lake-ukesters</u>

**Time:** Wednesday 7:00 – 8:00 p.m. (October start date)

**Location:** Penner Room, Niagara-on-the-Lake Community Centre

**Cost:** \$60 in advance for all six classes This is the Niagara-on-the-Lake Ukester's one of a kind "Uke for Absolute Beginners" This six week course prepares ukulele

beginners for the Sunday

Niagara-on-the-Lake Ukester Workshops. The course is designed to teach beginning chords and strums using tunes that are fun to play. You'll learn popular classic rock tunes, blues and well-known oldies to introduce you to this wonderful little instrument. The course includes a booklet with six song sheets and it's all hands-on. You learn by playing. The course is \$60 in advance for all six classes. If you're not sure if "Uke for Absolute Beginners" is for you, feel free to stop into the NOTL Community Centre on Sundays between 3:00 and 5:00 p.m. and speak with previous graduates. You'll only need to bring your Ukulele and some enthusiasm. This workshop series is only offered twice a year and spaces fill quickly.

#### **DANCE**

#### **DANCE NIAGARA**

Contact: Beryl Tupman | 905-468-2848

| beryltupman@cogeco.ca

**Time:** Tuesdays and Thursdays (Fall, Winter and Spring), Evenings

**Location:** Auditorium, NOTL Community

Centre

Jazz and tap dance classes for fitness and fun. Come and join the happy group of ladies learning jazz and tap dance routines, becoming fit, and making new friends as part of the bargain. Dancing has been shown to improve memory, muscle tone, and bone density--while reshaping the figure. We start with the basics, progress to combinations, and conclude with entire choreographed routines. Adults only--no experience

necessary. One hour per week for a class in either jazz or tap. Brochures available at the Community Centre.

#### **CLASSIC LINE DANCING**

**Contact:** Janice Barker | 905-468-4494

jbarker23@cogeco.ca

**Time:** Monday 10:00 – 11:30 a.m. **Location:** Simpson Room, NOTL

**Community Centre** 

Dance to all genres of music. Classic (Waltz, Tango), Folk, Oldies, Country and so much more. Great exercise for mind and body, low impact line dancing has been proven to ease the obstacles of aging if done weekly. You will learn many new popular line dance step patterns that can be danced to many of your favourite

songs. If you love dancing, come out and join us for a great morning of fun, exercise and socializing. There is NO charge for our classes and NO partner is needed. New dancers, men and women are always welcome.







### We sell homes just like yours



DOUG WIDDICOMBE
Sales Representative
m 289.686.8590
o 905.468.0001
dwiddicombe@sothebysrealty.ca



CHELSEA WIDDICOMBE
Sales Representative
m 289.687.0280
o 905.468.0001
cwiddicombe@sothebysrealty.ca

Sotheby's International Realty Canada, Brokerage. Independently owned and operated. Not intended to solicit properties already under contract.

### **OLDER ADULTS**



#### **FITNESS**

#### **50+ EXERCISE CLASS**

**Contact:** Eva Devenyi | 905-356-2721 **Time:** Tuesday and Thursday

9 a.m. – 10 a.m.

**Location:** Auditorium, Community Centre

This class is designed to increase endurance, strength, and flexibility, improving the general health and well-being of all participants. Includes low impact exercises/no jumping, moderate strength training, a variety of stretches, and great music for motivation. The qualified instructor will modify exercises to accommodate older adults with reduced physical abilities, focusing on safety and injury prevention.

#### **CHAIR YOGA**

**Contact:** Sophie Campbell

289-690-0949

trueheartniagara@gmail.com www.trueheartniagara.ca

**Time:** Tuesday 1:00 p.m.

**Location:** Studio Room, NOTL

Community Centre

Cost: \$8 per class (session) or

\$10 drop-in

This 55 minute yoga class focuses on improving strength; flexibility, balance and relaxation. All of the yoga positions are done from a chair to cater to those who cannot get down to floor level.

#### FITNESS FOR 60+

**Contact:** Dagmar | 905-356-5372 **Time:** Tuesday & Thursday

9:00 – 10:00 a.m.

**Location:** Queenston Library, 32 Queenston Street, Queenston Men and women welcome. Free of

charge.

#### **HEALTHY SAFE & STRONG**

**Contact:** Region of Niagara

905-984-2621

**Time:** Monday & Tuesday 3:30 – 4:30 p.m., Thursday 2:00 – 2:45 p.m. and

2:20 1:20 n m

3:30 – 4:30 p.m.

**Location:** NOTL Community Centre Free older adult exercise class. Must pre-register through the Niagara Region.



#### **PROGRAMS**

#### FREE DROP-IN CASUAL BRIDGE

Contact: 905-468-4386

Time: Thursday 1:00 – 4:00 p.m.

Location: NOTL Community Centre

#### **FREE DROP-IN MAH JONG**

Contact: 905-468-4386

Time: Friday 1:00 – 4:00 p.m.

Location: NOTL Community Centre

Have fun playing Mah Jong, a traditional
Chinese game.

#### **FREE DROP-IN PAINTING**

Contact: 905-468-4386

**Time:** Wednesday 3:00 – 5:00 p.m.

**Location:** Simpson Room, NOTL Community Centre

# GENERAL INFORMATION

#### **MEALS ON WHEELS**

A non-profit, volunteer service providing home delivery of hot and/or frozen nutritious, well balanced meals to:

- Senior citizens who cannot prepare or obtain a well-balanced meal for themselves.
- An individual who is mentally and/or physically challenged, regardless of age.
- Adult convalescents discharged from a care facility, regardless of age.
- An adult at nutritional risk, regardless of age.

Deliveries are made Monday through Friday at noon in NOTL. Call 905-356-9194 for details.



# **SUB OF THE DAY** IS ON!

242 Mary Street, Unit 6 Niagara-on-the-Lake, ON LOS 1J0

Cut and bring this Ad into the store and get a FREE delicious cookie



If you or someone you know has a life-limiting illness we are here for YOU Contact us today to see if you qualify for **FREE** services

You are not alone.

Bonnie Bagnulo PROGRAM MANAGER 905.468.4433

Box 130, Niagara-on-the-Lake, ON LOS 110 Fax: 905.468.7149 • Cell: 905.357.8677 notlpc@bellnet.ca • www.notlpc.com

# Plug Kowers

### **MAY, JUNE & SEPTEMBER** POWER SKATE

Seymour-Hannah Sports & Entertainment Centre • May, June, September 2019 • Classes for ages 4 to Adult May June 2020.

#### ST. CATHARINES RECREATIONAL SKATE

Seymour-Hannah Sports & Entertainment Centre

• Skating Lessons • 9 week sessions • Child 2 years to Adult Sessions Available: October 2019 to March 2020

> **LEARN TO SKATE PROGRAMS POWER SKATE PROGRAMS** ADULT PROGRAMS

> > **AnneMarie LaFleche** MANAGER

905-941-4936 • kamLskate1@gmail.com

#### KATHI PLUG PROGRAM DIRECTOR

For registration forms, class times and Information www.kppskate.ca

## Linda Attoe, RP 905.468.0046

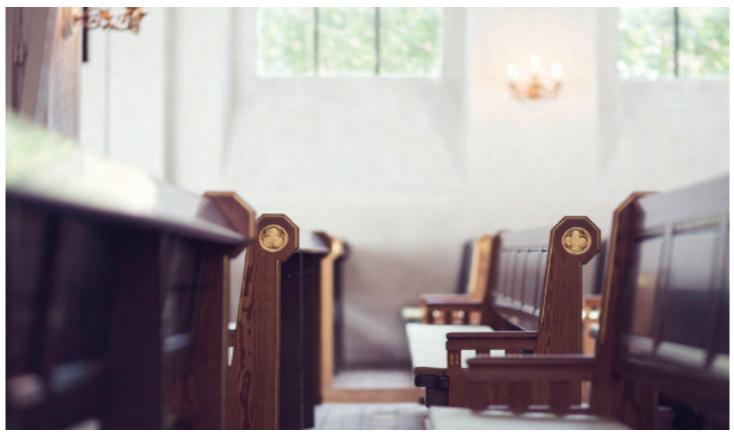
www.lindaattoe.com

Walk, cycle, drive to Psychotherapy in the Old Town. Free Parking.

Serving the Niagara Region since 2005.



### RELIGIOUS ACTIVITIES



### BAHÁ'Í COMMUNITY OF NIAGARA-ON-THE-LAKE

Location: Mori Room, NOTL Community Centre Contact: 905-468-0834 notlbahais@gmail.com www.notlbahais.org

**Time:** Last Tuesday each month - September through June, 7:30 PM Talks and/or films on topics of personal, social and/or community service and development. Everyone welcome.

#### **BETHANY MENNONITE CHURCH**

Location: 572 East & West Line, NOTL Contact: 905-468-3505
office@bethanymennonite.ca
www.bethanymennonite.ca
Lead Pastor: Herb Sawatzky
Service Time: Sunday 10:00 a.m.
Sunday School: 11:00 a.m.

#### **CHRIST CHURCH MCNAB**

**Location:** 1294 McNab Road, NOTL **Contact:** 905-684-0005 | christchurchmcnab@gmail.com

**Reverend:** The Reverend Dorothy Hewlett **Service Time:** Sunday 10:30 a.m.

### CORNERSTONE COMMUNITY CHURCH

**Location:** Sunday Gatherings – 434 Hunter Road, NOTL, Offices – 1570 Niagara Stone Rd, PO Box 112, Virgil

Contact: 905-468-7155

admin@ccchurch.ca | www.ccchurch.ca

Reverend: Kevin Bayne

**Service Time:** Sunday 10:00 a.m.

#### **EMMANUEL GRACE CHURCH**

**Location:** 14 Anderson Lane, Simpson Room, NOTL Community Centre

Contact: 905-468-0167

emmanuelgracechurch@gmail.com www.emmanuelgracechurch.ca Lead Pastor: Kevin Klassen Service Time: Sunday 9:30 a.m. We are a church that meets weekly to worship God, share with each other what God has been doing in our lives, teach from the Bible and encourage each other to follow God more closely.

### FIRST PRESBYTERIAN CHURCH ST. DAVIDS

Location: 144 York Road, St. Davids

Contact: 905-262-5227

<u>firstpresbyterianstdavids@gmail.com</u> **Service Time**: Sunday 10:30 a.m.

#### **GATEWAY COMMUNITY CHURCH**

Location: 1665 Four Mile Creek Road, Virgil

**Contact:** 905-468-8971

office@gatewaycc.ca | www.gatewaycc.ca

**Lead Pastor:** Michelle Mercer **Service Time:** Sunday 10:30 a.m. Please join us on Sundays for worship. Full children's programs and youth

activities available.

#### **GRACE UNITED CHURCH**

**Location:** 222 Victoria Street

(PO Box 211), NOTL

Contact: 905-468-4044

mail@graceunitedchurch.com

www.graceunitedchurch.com

Minister: Maureen Ellison, DLM

Service Time: Sunday 10:30 a.m.

#### **INTERFAITH GATHERING**

Contact: Touba Agahzadeh

905-468-7275

Share a night of spiritual readings from all faiths and gain a better understanding of humanity's essential oneness. Everyone is welcome.

#### **LIFE ABUNDANT NIAGARA**

Location: 378 Concession 7 Road, NOTL

**Contact**: 905-688-3958 info@lifeabundantniagara.com

### **RELIGIOUS ACTIVITIES**

www.lifeabundantniagara.com

**Lead Pastor:** Rick Mills **Service Time:** Sunday 10:30 a.m. We love God, love people, and love our community. Welcome home!

### NIAGARA UNITED MENNONITE CHURCH

Location: 1775 Niagara Stone Road, NOTL

Contact: 905-468-3313 office@redbrickchurch.ca www.redbrickchurch.ca Lead Pastor: Daniel Janzen

Worship Service Times: The Red Brick Church meets on Sunday mornings at 10:45am. All are welcome! We also have various activities/events throughout the week. Visit the website to learn more, call or email the office, or just pop in on a Sunday morning.

#### **NOTL PRAYER NIGHT**

Location: 14 Anderson Lane, Board Room,

NOTL Community Centre **Contact:** Pastor Mila Frith

647-237-0599 | gvmniagara@gmail.com www.thegreatvisionministries.com GVM Niagara is a Holy Spirit-led church serving Niagara-On-The-Lake. We offer services in both Spanish and English. Our Ministry services include: Prayer groups, Sunday service, Children's Sunday School (age 3-12), Bible Study Groups, Christian Counseling (family, youth, marriage, pre-marital), Life Celebration/Funeral, Weddings/Vow Renewals, Community Outreach and various events throughout NOTL. We are believing God for Revival in Niagara Region.

#### **ORCHARD PARK BIBLE CHURCH**

Location: 434 Hunter Road, NOTL

**Contact:** 905-468-5731

info@orchardparkbiblechurch.org www.orchardparkbiblechurch.org **Service Times:** Sunday 9:30 a.m.

Sunday School for SK-Grade 12 and adult coffee & prayer time; Worship Service at

10:45 a.m.

### ST. ANDREW'S PRESBYTERIAN CHURCH

Location: 323 Simcoe Street, NOTL

**Contact:** 905-468-3363 www.st.andrewsniagara.com

Service Time: Sunday 11:00 a.m. (Sunday

School & Sunday Service)

### ST. DAVIDS-QUEENSTON UNITED CHURCH

**Location:** 1453 York Road, St. Davids

Contact: 905-262-5242 sdqsecretary@bellnet.ca www.stdavids-queenstonuc.ca Minister: Rev. Paul James Service Time: Sunday 10:30 a.m. (Sunday school & nursery during

worship service)

#### ST. MARK'S ANGLICAN CHURCH

**Location:** 41 Byron Street, NOTL **Contact:** 905-468-3123 <a href="mailto:stmarks@cogeco.net">stmarks@cogeco.net</a> www.stmarks1792.com

Priest/Pastor: The Rev. William Roberts

**Sunday Services:** 8:30 a.m. Holy

Eucharist,

10:30 a.m. Choral Eucharist

### ST. VINCENT DE PAUL ROMAN CATHOLIC PARISH

Location: 73 Picton Street, NOTL

**Contact:** 905-468-7272 st.vincentdepaul@bellnet.ca

**Mass Times:** Saturday 5:00 p.m. and Sunday 9:00 a.m. and 11:00 a.m.

### THE BROCK MEMORIAL CHURCH ST. SAVIOUR'S ANGLICAN

**Location:** 12 Princess Street, Queenston

**Contact:** 905-262-5111

www.niagaraanglican.ca/parish/ stsaviour-the-brock-memorial-church-

queenston

**Reverend:** The Reverend Janet Cashin **Service Time:** Sunday 10:30 a.m.

### THE GREAT VISION MINISTRIES CHURCH

**Location:** 14 Anderson Lane, Auditorium,

NOTL Community Centre **Contact:** 1-647-237-0599

<u>info@thegreatvisionministries.com</u> www.thegreatvisionministries.com

Pastor: Pastor Mila Frith

Service Time: Sunday 11:30 a.m. (Live worship and word. Children's programs available). The Great Vision Ministries is a Non-Denominational Christian Church with live worship, dynamic Biblical teaching and Kid's Sunday School every Sunday. We host prayer nights and family-friendly events open to everyone.

#### TRINITY LUTHERAN CHURCH

Location: 2027 Niagara Stone Road,

NOIL

Contact: 905-468-2611 trinitynotl@cogeco.ca https://trinitynotl.com Reverend: Rev. Larry Ritter Service Time: Sunday 10:00 a.m.

#### **VILLAGE BIBLE CHURCH**

**Contact:** 905-688-2525 office@villagebiblechurch.ca www.villagebiblechurch.ca

Pastor: Greg Alderton

Service Time: Sunday 10:30 a.m.



### **SPORTS**



#### **CARPET BOWLING (WINTER)**

**Contact:** Paul McHoull | 905-468-5648 pmchoull@gmail.com | David Klooz 905-246-7076 | dnklooz@hotmail.com www.notlbowls.ca

**Time:** Monday & Thursday, 1:30 – 4:00 p.m. **Location:** Auditorium, NOTL Community Centre

**Cost:** \$50.00 per person for the season or \$3.00 per visit

Short Mat bowling starts in mid-October and lasts until early April. Bowl rentals are available. You will find carpet bowling to be a gentle form of exercise and an enjoyable social activity. You are welcome to try the game before you join.

#### **KIDSPORT NIAGARA**

**Contact:** Shari Hartwick | 905-708-7364 <u>shari@kidsportniagara.ca</u> <u>www.kidsportniagara.ca</u> Finding money to play sports can be

Finding money to play sports can be difficult - We Can Help. KidSport Niagara provides funding to under-resourced children and youth. Eligible families can apply by completing a grant application from our website.

#### **LADIES BADMINTON**

Contact: Barbara Waller | 905-468-8484

notl.barbarawaller@gmail.com

Time: Wednesday & Friday 1:00 – 3:00 PM

**Location:** Auditorium, NOTL Community Centre **Cost:** \$3 per session

Come and enjoy ladies badminton. It is non-competitive, just good fun, friendship and exercise. Racquets can be provided.

#### **NOTL SKATING CLUB**

**Contact:** Darlene Dortono 905-468-7465 <u>skatenotl@outlook.com</u> www.notlskatingclub.com

Location: Centennial and Meridian Credit Union Arena, Skating CLUB

NOTL

NOTL Skating Club - "N-O-T-L Edge"
Member of Skate Canada since 1968

– Teaching quality skating in Niagara
for over 50 years! The Niagara-on-the-Lake Skating Club is a thriving club with
programs running 7 days per week from
September until the end of March. All
of our skating programs are held in the
Meridian Credit Union and Centennial
Arenas in Virgil. We are "family-oriented"
and offer Skate Canada programs to all of
our members. The Niagara-on-the-Lake Skating Club provides an encouraging environment to train, with the focus on fun, fitness and achievement. Our Recreational CanSkate and Preschool programs are administered by twotime Skate Canada National awardwinning professional coach Judi Boyle-Krzeczkowski. Instruction provided by professional NCCP certified coaches assisted by qualified & trained program assistants. We offer learn-to-skate programs specially designed for all age groups - Pre-School CanSkate for children 3-5 years of age; CanSkate for any skater with an interest in ice sports (Ice Skating, Hockey, & Ringette). Our TeenSkate/ AdultSkate program (13 years of age & up are welcome) is designed for the beginner to more advanced skater. We offer Pre-Junior (STAR 1), Junior (STAR 2-3), Intermediate (STAR 4-6), and Senior (STAR 7 to Gold) sessions for STARSkate and Competitive skaters. For program schedules and detailed Club information, please visit our website.

#### NIAGARA-ON-THE-LAKE BADMINTON CLUB

**Contact:** Terry Church | 905-934-7211 terry.church@gmail.com

**Time:** Monday & Wednesday, 8:15 - 10:15 **Location:** Auditorium, NOTL Community Centre

**Cost:** \$130 per year (October - June) Recreational badminton club for adults, age 18 and over.

### NIAGARA-ON-THE-LAKE PICKLEBALL CLUB

Contact: NOTL Pickleball Club

notlpickleball@gmail.com

notlpickleball.ca
Time: Check out our website for all times
Location: NOTL Community Centre
Cost: \$4.00 drop-in, \$20.00 annual club

membership after 2 tryouts

The Niagara-on-the-Lake Pickleball Club was formed on January 1, 2018 to meet the growing demand for Pickleball in NOTL. The Club provides loaner racquets and balls and always welcomes new players and guests to come out and join the fun. See you on the courts.



### **SPORTS**



#### **NIAGARA RANGERS BASKETBALL**

**Contact:** Jennifer Caughill 905-468-9408 winnersdaycamps@cogeco

winnersdaycamps@cogeco.ca
www.niagararangers.com
Niagara Rangers Basketball was
established in 2010 and offers both rep
team & development programs for boys
& girls. Coaches are provincially certified
and highly experienced at working with
children. The Rangers would like to thank
all of their community sponsors for their
generous donations which allow us to
keep registration fees low.

#### 2019-2020 Season

Season runs from September 10, 2019 – May 14, 2020.

The following programs will be offered for the 2019-2020 season:

#### **Rep Teams:**

Midget Girls (U14/U15) – Grade 8/9 Girls Tryouts for rep teams for the 2019-2020 season begin in September, 2019.

#### **Development Program:**

Offered to all boys & girls grades 1-6, no experience necessary, emphasis on learning the skills of basketball and playing for fun! Program offered Saturday mornings at Crossroads PS from Thanksgiving until March Break. Please come out to registration night to register for this program as it does fill up.

#### **Registration Night**

Please join us at Crossroads PS on Tuesday, September 10, from 6:00 PM – 7:00 PM, for further information & to register for Niagara Rangers Basketball.

#### NIAGARA THUNDERHAWKS JRB LACROSSE

**Contact:** David Mines | 905-262-5523 kmjmines@gmail.com

www.thunderhawks.ca

**Location:** Meridian Credit Union Arena The Niagara Thunderhawks JrB lacrosse team plays in the OJBLL. They range in age from 16 to 21 years old and many of the players grew up playing in the Niagara-on-the-Lake Minor System.

### NIAGARA THUNDERHAWKS MINOR BOX LACROSSE

www.niagaralacrosse.com

Box lacrosse is offered for boys and girls ages 4-21. The 2019 season begins in April and finishes by the middle of August. League play and practices are all weekdays (no weekends). Practices and home games are at the Centennial and Meridian Credit Union Arenas in Virgil. Away games are played throughout the Niagara Region. Come play the fastest game on two feet! \*Free lacrosse stick for all new Junior Paperweight and Paperweight Players.

#### **SENIOR MEN'S BADMINTON**

**Contact:** Ted Little | 905-468-5066 | tedlittle39@gmail.com

**Time:** Monday & Friday 10:30 a.m. – 12:30 p.m.

**Location:** Auditorium, NOTL Community Centre

Cost: approximately \$125 per season This is a winter programme commencing at the beginning of October and extending through to the end of April annually. We limit the size of the group to ensure plenty of play time for all participants. Birds are provided. The cost is divided among the participants but historically runs about \$100-\$140 per person, per season.

### SPORTBALL PARENT & CHILD MULTI-SPORT (16 MOS - 4 YRS)

**Contact:** Sportball Niagara 905-348-0056 | niagara@sportball.ca

**Time:** Sundays 10:30 - 11:15 a.m. **Location:** Auditorium, NOTL Community

Centre

**Cost:** \$180/12 weeks

Children and parents will participate

in eight core sports including hockey, soccer, tennis, baseball, basketball, volleyball, golf and football, along with creative games, songs, rhymes, stories, bubble time and much more. The program focuses on exploration and children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them according to their skill level.

### SPORTBALL MULTI-SPORT PROGRAM (5 - 8 YRS)

**Contact:** Sportball Niagara

905-348-0056 | <u>niagara@sportball.ca</u> **Time:** Sundays 11:30 a.m. – 12:30 p.m. **Location:** Auditorium, NOTL Community

Centre

Cost: \$180/12 weeks

This program introduces children to the concepts and skills involved in eight core sports: hockey, soccer, tennis, baseball, basketball, volleyball, golf and football. Using developmentally appropriate methods to introduce, practice and refine gross motor skills, this program reinforces the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain confidence and develop the social skills necessary to succeed in sport and life.

#### **TABLE TENNIS**

Contact: Paul Rondeau | 905-468-1613
Time: Tuesday 10:00 a.m. – 12:00 noon
Location: NOTL Community Centre
Cost: \$2.00 for a two hour session
Good fun and excellent exercise for mind
and body for all age levels that has been
shown to improve cognitive skills. Bats
and balls are provided and three tables
are available. Beginners and all skill
levels are welcome for mixed doubles
and singles play in a friendly atmosphere.
You'll be amazed at how quickly your skill
level will improve.



# YOUR COMMUNITY CONTACTS







Emergency, Fire, Police & Ambulance	911
Niagara Regional Police	905-688-4111

#### **GOVERNMENT CONTACTS**

Lord Mayor Betty Disero	905-468-3266	
MP Rob Nicholson	905-353-9590	
MPP Wayne Gates	905-357-0681	
Niagara Region	905-980-6000	
Regional Councillor Gary Zalepa	905-468-3568	

#### **LOCAL MUNICIPAL CONTACTS**

EGONE MONION AL GONTAGIO		
Canine Control	905-658-8712	
Community Centre	905-468-4386	
Niagara Lake Shore Cemetery	905-468-2747	
Niagara-on-the-Lake Hydro	905-468-4235	
Niagara-on-the-Lake Public Library	905-468-2023	
Queenston Public Library	905-262-5173	
Swimming Pool – Niagara (seasonal)	905-468-2804	
Swimming Pool – St. Davids (seasonal)	905-262-5120	
Town Municipal Offices	905-468-3266	

#### **OTHER COMMUNITY CONTACTS**

Air Cadets	905-468-7584	Office
Bravo Niagara! Festival of the Arts	289-868-9177	Office
Chamber of Commerce	905-468-1950	Office
Community Support Services	905-682-3800	Office
District School Board of Niagara	905-641-1550	Office
Figure Skating	905-468-7465	Office
Friends of Fort George	905-468-6621	Office
Kinsmen Club, NOTL	905-262-4054	Ken Slingerland
Mackenzie Printery & Newspaper Museum	905-262-5676	Office
Meals on Wheels	905-356-9194	Office
Minor Hockey	289-272-0923	Christa Rawsthorne
Minor Lacrosse	905-401-1475	Chris Williams

### YOUR COMMUNITY CONTACTS

Minor Soccer	905-687-6220	Jennifer Buchanan-Olsen
Minor Softball	905-327-1620	Pete Flynn
Music Niagara	905-468-5566	Office
Newark Neighbours	905-468-3519	Office
Niagara Catholic District School Board	905-735-0240	Office
Niagara District Airport	905-684-7447	Office
Niagara Historical Society & Museum	905-468-3912	Office
Niagara Lions Club	289-868-8953	Catharine Wickabrod
Niagara Nursery School	905-468-4386	Office
Niagara Parks Commission	905-356-2214	Office
Niagara Pumphouse Arts Centre	905-468-5455	Office
NOTL Palliative Care Services	905-468-4433	Office
NOTL Rotary Club	289-969-1581	Bill French
NOTL Sailing Club	905-468-3966	Office
Parks Canada	905-468-6614	Office (Navy Hall & Fort George)
Red Roof Retreat	289-868-9800	Office
Riverbrink Art Museum	905-262-4510	Office
Royal Canadian Legion Branch 124	905-468-2353	Office
Shaw Festival Theatre	905-468-2153	Office
St. Davids & District Lioness Club	905-262-4989	Jo-Anne Brytwak
St. Davids & District Lions Club	905-468-9671	Al Snider
St. Davids Ratepayers Association	905-581-2692	Greg Dell
Upper Canada Lodge Auxiliary	905-468-4208	Office
Virgil Business Association	905-468-3242	Marcia Penner
Virgil Women's Institute	905-682-5979	Lena Byl
Willowbank	905-262-1239	Office
AND ASSESSMENT OF THE PARTY OF	Committee of the Commit	and the second s





Niagara Falls
Professional Building
5400 Portage Road 2nd Floor, Niagara Falls
(905) 356-7919

St. Catharines
Between Scott and Carlton St.
290 Vine St. Unit 1, St. Catharines
(905) 397-5885



**Complimentary Initial Exam Recommended By Age 7** 

kamatovicortho.com

