

CHILDREN, YOUTH & FAMILY DROP-IN PROGRAMS



SPRING SESSION: MARCH 25 - MAY 30, 2026



*Drop-in and pay, or sign-up for an unlimited access Season Pass

Category	Children's Programs (ages 2-7)		Junior Youth Programs (ages 8-12)		Senior Youth Programs (ages 13-17)	Youth & Family Programs (ages 8+)
Program Name	Sports & Sorts	Mind & Movement	Creative Mode (NEW!)	Sport Jam	Open Court	Open Court
Day, Time & Location	Wednesday 4:45 - 5:45 p.m. Community Centre Auditorium	Saturday 9:00 - 11:00 a.m. Community Centre Auditorium	Wednesday 6:00 - 8:00 p.m. Community Centre Penner Room	Friday 6:00 - 7:30 p.m. Community Centre Auditorium	Friday 7:30 - 9:00 p.m. Community Centre Auditorium	Saturday 11:30 a.m. - 1:00 p.m. Community Centre Auditorium
Description	Open play with a mix of mini sports like ministicks, soccer, basketball, racquet sports, and agility equipment. Guardian must remain in the program space.	Open play with a mix of balance, climbing & building equipment. Ball Pit is offered on rotating weeks. Guardian must remain in the program space.	Youth can be dropped off to play console games like PlayStation, Nintendo Switch, and Nintendo DS. Creative art supplies like sketching and mixed media is also offered.	Youth can be dropped off to play a new weekly sport with our Program Staff. Ministicks and Table Tennis are offered weekly as side game options.	Open court Pickleball or Badminton for teens and their friends. Equipment is provided. This program is unsupervised, please check-in with Program Staff at the Front Desk.	Open court Pickleball or Badminton for families. Family members ages 18+ play for free when accompanying youth. Equipment is provided. This program is unsupervised, please check-in with Program Staff at the Front Desk.
Program Dates	Every Wednesday from March 25 - May 27. No programs on April 22.	Every Saturday from March 28 - May 30. No Programs on April 4.	Every Wednesday from March 25 - May 27. No Programs on April 22.	Every Friday from March 27 - May 29. No Programs on April 3 and May 1.	Every Friday from March 27 - May 29. No Programs on April 3 and May 1.	Every Saturday from March 28 - May 30. No Programs on April 4.



*Programs are subject to change or cancellation. For fees, season passes, and additional details, visit www.notl.com/programs-youth-family or email programs@notl.com

