## **NIAGARA POOL SCHEDULE - 370 KING STREET, NOTL**

	SUN	MON	TUE	WED	THU	FRI	SAT
8 AM			Lane Swim 7:30 - 8:30 a.m.		Lane Swim 7:30 - 8:30 a.m.		
9 AM		Lane Swim 8:00 - 9:30 a.m.	Aqua Fit 8:30 - 9:30 a.m.	Lane Swim 8:00 - 9:30 a.m.	Aqua Fit 8:30 - 9:30 a.m.	Lane Swim 8:00 - 9:30 a.m.	
10 AM	Lane Swim 9:00 - 11:00 a.m.	Town Programs		Town Programs		Town Programs	Lane Swim 9:00 - 11:00 a.m.
11 AM	Family Cuins	9:30 a.m 12:00 p.m.		9:30 a.m 12:00 p.m.	Town Programs 9:30 a.m	9:30 a.m 12:00 p.m.	Family Cuim
12 PM	Family Swim 11:00 a.m	Agua Fit	Town Programs 9:30 a.m	Agua Fit	1:00 p.m.	Agua Fit	Family Swim 11:00 a.m
1 PM	1:00 p.m.	12:00 - 1:00 p.m.	3:00 p.m.	12:00 - 1:00 p.m.		12:00 - 1:00 p.m.	1:00 p.m.
2 PM	Public Swim	Public Swim 1:00 - 3:00 p.m.		Public Swim 1:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim
3 PM	1:00 - 4:00 p.m.		Public Swim				1:00 - 4:00 p.m.
4 PM			3:00 - 4:00 p.m.				
5 PM		Town Programs 4:00 - 5:30 p.m.					
6 PM		Lane Swim 5:30 - 6:30 p.m.	Lane Swim	Lane Swim	Lane Swim	Lane Swim 5:30 - 6:30 p.m.	
7 PM		Public Swim 6:30 - 7:30 p.m.	5:30 - 7:00 p.m.	5:30 - 7:00 p.m.	5:30 - 7:00 p.m.	Public Swim 6:30 - 7:30 p.m.	

## ST. DAVIDS POOL SCHEDULE - 1446 YORK ROAD, ST. DAVIDS

<b>J</b> I	· DAVIDS	FOOLS	IOKK KOAD, SI. DAVIDS				
	SUN	MON	TUE	WED	THU	FRI	SAT
8 AM		Lane Swim 7:30 - 8:30 a.m.	Lana Cuina	Lama Cuina	Lana Cuin	Lane Swim 7:30 - 8:30 a.m.	
9 AM		Aqua Fit 8:30 - 9:30 a.m.	Lane Swim 8:00 - 9:30 a.m.	Lane Swim 8:00 - 9:30 a.m.	Lane Swim 8:00 - 9:30 a.m.	Aqua Fit 8:30 - 9:30 a.m.	
10 AM	Lane Swim 9:00 - 11:00 a.m.		Town Programs		Town Programs	Town Programs	Lane Swim 9:00 - 11:00 a.m.
11 AM	Family Swim	Town Programs 9:30 a.m 1:00 p.m.	9:30 a.m 12:00 p.m.	Town Programs 9:30 a.m 1:00 p.m.	9:30 a.m 12:00 p.m.	9:30 a.m 12:00 p.m.	Family Swim
12 PM	11:00 a.m 1:00 p.m.	1.00 p.m.	Aqua Fit 12:00 - 1:00 p.m.	1.00 р.ш.	Aqua Fit 12:00 - 1:00 p.m.		11:00 a.m 1:00 p.m.
1 PM 2 PM	Public Swim 1:00 - 4:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Town Programs 1:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim 1:00 - 4:00 p.m.
3 PM	1.00 - 4.00 p.iii.				Public Swim 3:00 - 4:00 p.m.		1.00 - 4.00 p.m.
4 PM 5 PM		Town Programs 4:00 - 5:30 p.m.	Town Programs 4:00 - 5:30 p.m.	Town Programs 4:00 - 5:30 p.m.	Town Programs 4:00 - 5:30 p.m.	Town Programs 4:00 - 5:30 p.m.	
6 PM		Lane Swim 5:30 - 7:00 p.m.	Lane Swim 5:30 - 6:30 p.m. Public Swim	Lane Swim 5:30 - 7:00 p.m.	Lane Swim 5:30 - 6:30 p.m. Public Swim	Lane Swim 5:30 - 7:00 p.m.	
7 PM			6:30 - 7:30 p.m.		6:30 - 7:30 p.m.		