

How to Participate

Check off at least ten activities. When complete, please email a copy with your name to communications@notl.com or drop off at Town Hall or the Community Centre.

Contact Information

Your name:

Email:

Phone number:

Not sure where to go?

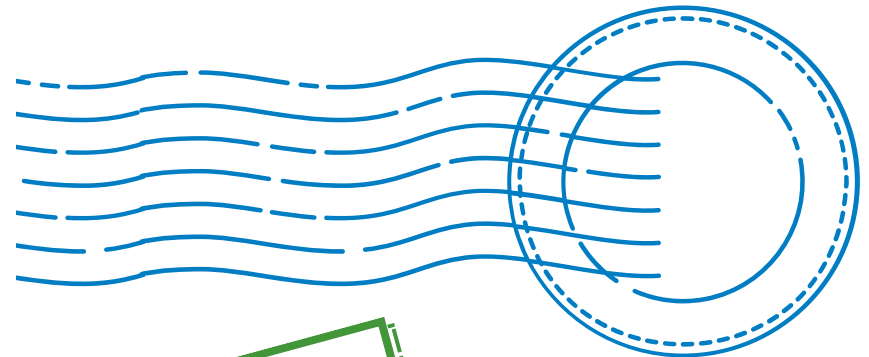
Details on all of our Town parks are available on the Town's website, including a park locator map!



Visit www.notl.com/parks-trails or scan the **QR code** to learn more.



Parks & Recreation Month PASSPORT



#GetActiveNOTL

Glendale

- ☐ Play basketball at Niagara-on-the-Green Park
- ☐ Visit the playground at Niagara-on-the-Green Park
- ☐ Walk the Outlet Collection at Niagara

Old Town

- ☐ Participate in the International Trail Day Community Walk on June 7 at Veterans Memorial Park
- ☐ Walk the Heritage Trail
- ☐ Take a stroll through the Heritage District
- ☐ Visit Voices of Freedom Park
- ☐ Visit the Queen's Royal Park Gazebo
- ☐ Play tennis at Garrison Park
- ☐ Play a round of disc golf at the Community Centre
- ☐ Use the Community Centre's Fitness Centre and Track (Ages 13+)

Queenston

- ☐ Climb the escarpment to Queenston Heights
- ☐ Explore Landscape of Nations at Queenston Heights

St. Davids

- ☐ Play basketball at Sparky's Park
- ☐ Walk, run, or ride your bike around the path at Sparky's Park
- ☐ Play tennis at St. Davids Lions Park

Virgil

- ☐ Walk the track at Virgil Sports Park
- ☐ Play soccer, baseball or basketball at the Virgil Sports Park
- ☐ Enjoy a match of outdoor pickleball at the Virgil Sports Park
- ☐ Get some air at the Skate Park

More Activities

- ☐ Walk, run, or ride one of the Town's many paths and trails
- ☐ Visit a new Town park
- ☐ Play a round of golf at one of the courses around Town
- ☐ Walk, run, or ride your bike along the Niagara Parkway
- ☐ Your pick: _____