

NIAGARA POOL SCHEDULE - 370 KING STREET, NOTL

	08/25	08/26	08/27	08/28	08/29	08/30	08/31	09/01	09/02
8 AM			Lane Swim 7:30 - 8:30 a.m.		Lane Swim 7:30 - 8:30 a.m.				
9 AM		Lane Swim 8:00 - 10:00 a.m.	Aqua Fit 8:30 - 9:30 a.m.	Lane Swim 8:00 - 10:00 a.m.	Aqua Fit 8:30 - 9:30 a.m.	Lane Swim 8:00 - 10:00 a.m.			
10 AM	Lane Swim 9:00 - 11:00 a.m.						Lane Swim 9:00 - 11:00 a.m.	Lane Swim 9:00 - 11:00 a.m.	Lane Swim 9:00 - 11:00 a.m.
11 AM		Aqua Fit 10:00 - 11:30 a.m.	Family Swim 10:00 a.m. - 1:00 p.m.	Aqua Fit 10:00 - 11:30 a.m.	Family Swim 10:00 a.m. - 12:00 p.m.	Aqua Fit 10:00 - 11:30 a.m.			
12 PM	Family Swim 11:00 a.m. - 1:00 p.m.							Family Swim 11:00 a.m. - 1:00 p.m.	Family Swim 11:00 a.m. - 1:00 p.m.
1 PM		Aqua Fit 12:00 - 1:00 p.m.		Aqua Fit 12:00 - 1:00 p.m.		Aqua Fit 12:00 - 1:00 p.m.			
2 PM	Public Swim 1:00 - 4:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Town Programs 1:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim 12:00 - 3:00 p.m.	Public Swim 1:00 - 3:00 p.m.	Public Swim 1:00 - 4:00 p.m.	Public Swim 1:00 - 4:00 p.m.	Public Swim 1:00 - 4:00 p.m.
3 PM			Public Swim 3:00 - 4:00 p.m.						
4 PM									
5 PM		Family Swim 4:00 - 5:30 p.m.	Family Swim 4:00 - 5:30 p.m.	Family Swim 4:00 - 5:30 p.m.	Family Swim 4:00 - 5:30 p.m.	Family Swim 4:00 - 5:30 p.m.			
6 PM		Lane Swim 5:30 - 6:30 p.m.	Lane Swim 5:30 - 7:00 p.m.	Lane Swim 5:30 - 7:00 p.m.	Lane Swim 5:30 - 7:00 p.m.	Lane Swim 5:30 - 6:30 p.m.			
7 PM		Public Swim 6:30 - 7:30 p.m.				Public Swim 6:30 - 7:30 p.m.			

SCHEDULE EFFECTIVE: August 25 – September 2