

**COMMUNITY CENTRE - PROGRAM SCHEDULE**

<b>Activity</b>	<b>Day</b>	<b>Time</b>	<b>Contact Name</b>	<b>Contact Info</b>
Autumn Leaf Tai Chi	Monday	9:15am - 10:15am	Molly Yep	<a href="mailto:yly.notl@outlook.com">yly.notl@outlook.com</a>
	Thursday	9:30am - 10:30am	"	"
White Wing Tai Chi	Wednesday / Friday	10:00am - 11:30am	Sue Baxter	<a href="mailto:susan.baxter@me.com">susan.baxter@me.com</a>
Yoga with Amanda	Monday	9:00am - 10:00am	Amanda Tripp	<a href="mailto:yogainaction@live.com">yogainaction@live.com</a>
	Friday	5:15pm - 6:15pm		
		9:00am - 10:00am		
Yoga with Andrea	Tuesday	9:00am - 10:00am	Andrea Van Niekerk	647-968-8585
	Thursday	5:45pm - 6:45pm		
50+ Fitness	Tuesday	9:00am - 10:00am	Eva Devenyi	<a href="mailto:evad5117@gmail.com">evad5117@gmail.com</a>
Boogie Nights	Wednesday	7:30pm - 8:30pm	Emma Barker	<a href="mailto:emmabarker3@hotmail.co.uk">emmabarker3@hotmail.co.uk</a>
Healthy, Safe & Strong	Tuesday	1:00pm - 2:00pm 2:30pm - 3:30pm	Melissa Murray	<a href="mailto:hssregistration@niagararegion.ca">hssregistration@niagararegion.ca</a>
Nia	Tuesday	5:30pm - 6:30pm	Didi Wilson	<a href="mailto:dididances1111@gmail.com">dididances1111@gmail.com</a>
	Thursday	10:00am - 11:00am		
Golden Age Club	Tuesday	1:00pm - 4:00pm	Marg Boldt	<a href="mailto:marg_boldt@sympatico.ca">marg_boldt@sympatico.ca</a>
Lawn Bowling	Varies	Contact for Info.	Paul McHoull	<a href="mailto:pmchoull@gmail.com">pmchoull@gmail.com</a>
NOTL Badminton Club (Sep. - June)	Monday / Wednesday	8:00pm - 10:00pm	Terry Church	<a href="mailto:terry.church@gmail.com">terry.church@gmail.com</a>
Sr. Men's Badminton (Sep. - June)	Monday / Friday	10:30am - 12:30pm	Ted Little	<a href="mailto:tedlittle39@gmail.com">tedlittle39@gmail.com</a>
Senior Ladies Badminton	Wednesday / Friday	1:00pm - 3:00pm	Diane Walker	<a href="mailto:dianewalker4232@gmail.com">dianewalker4232@gmail.com</a>
Seniors Table Tennis	Tuesday	10:15am - 12:15pm	Ann Handels	905-468-4910

Activity	Day	Time	Contact Name	Contact Info
Spec Tennis	Thursday	6:45pm - 8:30pm	Rosemary Goodwin	<a href="mailto:rosemarygoodwin@mac.com">rosemarygoodwin@mac.com</a>
<b>Pickleball</b>	<b>please see <a href="http://www.notlpickleball.ca">www.notlpickleball.ca</a> for current schedule</b>			<a href="mailto:treasurer@notlpickleball.ca">treasurer@notlpickleball.ca</a>
Duplicate Bridge	Tuesday / Friday	1:00pm - 4:00pm	Muriel Tremblay	<a href="mailto:muriel@cmtmc.ca">muriel@cmtmc.ca</a>
	Thursday	7:00pm - 10:00pm	Verne Chant	<a href="mailto:vgchant@hickling.ca">vgchant@hickling.ca</a>
SDI Card Making	Monday	1:00pm - 4:00pm	Wilma Bosgraaf	<a href="mailto:wilmabosgraaf@hotmail.ca">wilmabosgraaf@hotmail.ca</a>
SDI Line Dancing	Monday	10:00am - 11:30am	Janice Barker	<a href="mailto:jbarker23@cogeco.ca">jbarker23@cogeco.ca</a>
SDI Painting	Wednesday	2:30pm - 5:30pm	Sherron Moorhead	<a href="mailto:bookings@notl.com">bookings@notl.com</a>
SDI Casual Bridge	Thursday	1:00pm - 4:00pm	Jim Baird	<a href="mailto:jimbaird@sympatico.ca">jimbaird@sympatico.ca</a>
Italian Conversation	Monday	4:00pm - 5:30pm	Giancarla Criveller	905-329-9369
French Conversation	Monday	2:00pm - 3:30pm	Larry Duncan	<a href="mailto:computersinanutshell@tutanota.com">computersinanutshell@tutanota.com</a>
German Conversation	Wednesday	9:30am - 11:00am	Dan Maksenuk	<a href="mailto:bookings@notl.com">bookings@notl.com</a>
Spanish Conversation	Friday	10:30am - 12:00pm	Dan Maksenuk	<a href="mailto:bookings@notl.com">bookings@notl.com</a>
Mahjong	Friday	1:00pm - 4:00pm	Dan Maksenuk	<a href="mailto:bookings@notl.com">bookings@notl.com</a>
Dickens Group	2nd Wednesday/month	6:30pm - 8:30pm	Mary Kovack	<a href="mailto:marykovacknotl@gmail.com">marykovacknotl@gmail.com</a>
Shakespeare Group	4th Wednesday/month	2:00pm - 4:00pm	Mary Kovack	<a href="mailto:marykovacknotl@gmail.com">marykovacknotl@gmail.com</a>
<b>COMMUNITY CENTRE HOURS</b>				
MONDAY-FRIDAY 6AM-9PM				
SATURDAY/SUNDAY 9AM-4PM				